

August 2023

News from the Eastern Shawnee Tribe of Oklahoma

Ribbon Cutting at Dogwood Hills



Natlie Koch, Assistant Housing Authority Director, and Board Members Kelley King, Glen Brock, Bridget Spencer and Kenny Johnston.

Article submitted by Justin Barrett, Tribal Treasurer

On July 1, 2023 the Eastern Shawnee Housing Authority cut the ribbon on the twelve (12) new houses in Dogwood Hills. Chief, members of the Business Committee, Housing Authority Board of Commissioners, Housing Authority staff, residents, and applicants attended the ribbon cutting ceremony.

As someone who grew up in tribal housing I have seen first hand the impact it can have on peoples lives. I am so excited to see the Housing Authority grow and be able to offer more homes to our tribal members.

I want to thank the Chief and Business Committee members who supported this project. A huge thank you to the Housing Authority Board of Commissioners and staff past and present who either laid the groundwork for this project or oversaw the project.

NOTICE OF ANNUAL ELECTION SATURDAY, SEPT. 9, 2023

Candidates for Secretary Deborah L. Littlefield Jacqueline Yarbrough Kathie Kent

NOTICE TO REGISTERED VOT-ER: IT IS YOUR RESPONSIBILITY TO MAKE SURE THE ELECTION BOARD HAS YOUR CORRECT NAME AND ADDRESS AT LEAST 15 DAYS PRIOR TO ANY ELECTION.

Voter Registration closes August 10th, 2023.

EASTERN SHAWNEE TRIBE OF OKLA-HOMA ELECTION BOARD Chair James Sullivan, Vice Chair Roy Ross, Secretary Mercedes Lewis Roard Members: Josh John-

tary Mercedes Lewis, Board Members: Josh Johnston, Nelson Handcock, Danny Triplett, Joseph Blakeburn

(918) 238-5151 Ext. 1065 Toll Free: 866-899-0249 Ext. 1065

You're Invited! Business Committee Meetings to be held August 9 & 23, 2023 at Indigo Sky Casino. Meetings are held on the second and fourth Wednesday each month.



Chief's Report Georgia White Celebrates 100th Birthday Department Reports Business Committee Meeting Minutes

^{the} SHOOTING STAR Eastern Shawnee Tribe 12705 S. 705 Rd. Wyandotte, Oklahoma 74370 Return Service Requested

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The Chief's Report ...



Chief Glenna J. Wallace

Hatito Fellow Tribal Citizens,

Mid July and it is hot, hot, hot and the humidity is high, high, high! It's mid-July or high summer and as I sit in the dark late at night in my rocker on my patio with my bare feet feeling refreshed from leaving them in the saucers of water intended for overnight soaking of my ferns, I feel, hear, and smell summer. I hear and feel the flies and mosquitos buzzing around me, sometime landing, sometimes biting. I hear the army of grasshoppers as they strip and devour flowers and vegetation. And then even though I cannot see it, I hear slurp, slurp, slurp as I realize I have been joined by a farm critter near my feet drinking the water from another fern's saucer. Sure enough, Mr. Possum has made his late nighttime visit. And I smell the heavenly aroma wafting through the air of the honeysuckle that climbs on the pasture fence behind me. Will we ever get a break from this 90 to 100 degree weather? Thursday night and almost midnight and it is still hot, hot, hot. But rain is predicted. I can hope.

Climate change, thunderstorms make an early Friday morning dramatic arrival. I drive in the downpour of rain, go to work only to find 3 feet of water behind BlueJacket building, thanks to a clogged drain. How can this happen in a matter of slightly more than one hour? We have no water in the building, but the library and printshop just behind us are not so lucky. Water is pouring through the front door of the library. Déjà vu! Another building flooded when no one is present. Maintenance goes into high gear, unclogging the drain, sweeping water, vacuuming it up as quickly as possible, moving furniture, displays, wall trim, even parts of wall, you name it. Maybe, just maybe I don't want any more rain after all. Now, we truly have even more work to do in mid-July.

Summer is the time for camps. Beginning on Monday night, July 17, the Wellness Center hosted its first volleyball clinic with eighteen girls and boys attending. NEO A&M coach Sarah Wall is the instructor and was most excited with the number participating. Wall recently hosted a camp at NEO in Miami and had only two campers. Ron Wallace, Wellness Center Director, indicated sessions were going well and is hoping this volleyball clinic becomes an annual event.

Earlier in the summer, our Police Department sponsored its annual Driving Education class. Free to the public, this class is always full as most schools have discontinued this program from their curriculum and teenagers want/need to get their license or permit. The offering is so popular that next year we hope to be able to sponsor two classes.

Our Summer Cultural Camp is coming up just prior to our Shawna Stovall Children's Back to School Powwow. Dates for the Cultural Camp are August 2-4 followed by the Children's Powwow.

Then following our Children's Powwow, we have our second quarterly gathering of all tribal citizens and guests for our fun, eat and listen to music event. Everyone is welcome. Scheduled for

See *CHIEF* on page 33

The Shooting Star

12755 S. 705 Rd., Wyandotte, OK 74370

Business Committee Members Chief Glenna J. Wallace (918) 533-8422: 2nd Chief Chris

Samples (918) 848-1148; Secretary Debbie Littlefield (918) 314-1373; Treasurer Justin Barrett (918) 533-6299; 1st Council Clint Kissee (918) 676-6201; 2nd Council Shawn Daugherty (918) 533-2853; 3rd Council Norma Kraus (918) 848-0052

Phone Numbers & Extensions

| EASTERN SHAWNEE TRIBAL OFFICE NEW # (918) 238-5151 (866) 674-3786 Toll | Free |
|---|-----------|
| Chief Glenna J. Wallace Chief's FAX (888) 97 | 1820 |
| Chief's FAX (888) 97 Shelly Rogers, Admin Assistant | 1-3905 |
| Brian Perry, Grant Writer | 1821 |
| Annette Clark, Director of Communications | 1810 |
| Kendra Stuart, Human Resources | 1021 |
| Sharon Farris, Benefits | 1022 |
| Audrey Dixon, In House Counsel | 1825 |
| Lora Nuckolls, Library/Print Shop | 1840 |
| Ben Bingham, Native Connections | 1860 |
| Brandon McCombs (918) 31 | |
| Native Connections Counselor | 1822 |
| Cultural Dept Director/THPO | 1833 |
| Jeanette Kruse, Tribal Police Office Mgr | 1850 |
| Shawn King, Ceremonial Chief (417) 67 | 4-0484 |
| GAMING COMMISSION (918) 666-9239 Jalene Wells, Gaming Commissioner | |
| MAINTENANCE (417) 776-1117 | |
| Matthew Price, Director (918) 919-9369 | 1849 |
| TRIBAL ADMINISTRATION BUILDING | 1015 |
| (918) 238-5151 (866) 666-3489 Toll Free | |
| Karen Allen, Accounting | 1031 |
| James Sullivan, Tribal Adminstrator | 1023 |
| Kristi Laughlin, Tribal Adminstrator/EPA | 1041 |
| Election Board | 1065 |
| Election Board FAX (888) 899-0249 | |
| FAMILY & CHILDREN'S SERVICES | |
| (918) 666-7710 (866) 978-1352 Toll Free Tammy Gibson, ICW Director (918) 540-9975 | 1124 |
| Dian Randall, Child Care Department | 1124 |
| CCDF/ICW Phone (918) 540-9970 FAX (888) 971- | |
| VITAL STATS/SOCIAL SERVICES | |
| Jana Johnson, Vital Stats, HHS | 1110 |
| FAX: (918) 666-7714 | |
| Mary Alumbaugh, Tag Agent | 1117 |
| Lisa Stivers, Tag Agent | 1115 |
| COMMUNITY BUILDING (AOA) (918) 238-5600 Whitney Morgan Director | 1205 |
| Elizabeth Chenoweth, CHR (918) 533-1993 | 1203 |
| EDUCATION & SPECIALIZED PROGRAMS | |
| EDUCATION (918) 238-2424 | |
| SPECIALIZED SERVICES (918) 238-1663 | |
| Amber Mittag, Director | 1306 |
| Education Department FAX (888) 972-1834 | |
| WELLNESS CENTER (918) 238-4800 | |
| Ron Wallace, Wellness Center Director | 1301 |
| HAVEN | |
| Kellie Alleman, Director 918-55HAVEN (918) 55 | 4-2836 |
| <u>IT</u> | |
| Ben Dixon, IT Director | 1420 |
| FOUR FEATHERS RECYCLING (918) 848-090 | <u>07</u> |
| TRIBAL POLICE | 011 |
| Emergency Number Ottown County Dispetcher (018) 54 | 911 |
| Ottawa County Dispatcher (918) 54 Tribal Palica Department (018) 23 | |
| Tribal Police Department(918) 23Roudy Rogers, Chief of Police(918) 53 | |
| HOUSING AUTHORITY (918) 238-5151 ext | |
| ELDERS CRISIS & DISABLED COMMITT | |
| Shawn King (417) 674 | |
| EARLY CHILDHOOD LEARNING CENTER | |
| Office (918) 23 | 38-7200 |
| OTHER HELPFUL NUMBERS | |
| People's Bank of Seneca (417) 57 | |
| Indigo Sky Casino (888) 992 | |
| Indigo Sky Hotel (888) 99 | |
| Outpost Casino (918) 678 22824 (888) 86 | |
| Bearskin Clinic (918) 678-2282 (888) 86 Dental/Ontometry (918) 678-2282 (888) 86 | |
| Dental/Optometry (918) 67 Appointments (918) 67 | |
| Pharmacy (918) 67 | |
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(918) 238-CLAY | (918) 238-2529

Shawnee Skies

TRIBAL HAPPENINGS

| EVENT | DATE(S) | LOCATION |
|------------------------------------|----------------------------------|------------------------------------|
| Business Committee Meeting | 2nd /4th Wednesday each month | Indigo Sky Casino |
| Youth Cultural Camp | August 2-4 | Annex Building |
| Shawna Stovall Children's Back to | August 4 | Wellness Center |
| School Powwow | August 5 | Powwow Grounds |
| Tribal Dinner | August 11 | Annex Building |
| Education Banquet | August 18 | AOA Building |
| Blood Drive | August 23 | Wellness Center |
| Tribal Offices and Learning Center | September 4 | All Tribal Offices |
| Closed for Labor Day | | |
| Muffins with Grandparents | September 8 | Early Childhood Learning Center |
| Lost Creek Water Festival | September 8 | Lost Creek at Pow Wow Grounds |
| General Council Meeting | September 9 | Indigo Sky Casino |
| Shawnee Night | September 14 | 10C Outdoor Learning Circle |
| ESTOO Pow Wow | September 15-17 | ESTOO Pow Wow |
| Tecumseh Warrior Challenge | September 16 | Wellness Center |
| Fun Walk | September 16 | Social Services Building |
| History Summit | September 18 | Indigo Sky Casino |

ATTENTION OCTOBER BUSINESS COMMITTEE MEETINGS have been moved to the 4th & 25TH TRIBAL FORMS can be found at:

www.estoo-nsn.gov

Eastern Shawnee Member, Georgia (Millhollin) White, Celebrates Her 100th Birthday! Submitted by Annette Clark, Director of Communications

During the year 1923, one hundred years ago, several important events occurred, such as Lou Gehrig hit the first of his 493 homeruns, the inner burial chamber of Tutankhamun's tomb was opened, classic country singer Hank Williams Sr. was born, the US signed the friendship treaty with Central American countries, the Hollywood sign is officially dedicated, and the US Attorney General says it is legal for women to wear trousers anywhere, to name just a few.

But May 15, 1923, was another important day because the Creator sent Georgia (Millhollin) White to join her Shawnee people on this Earth. Georgia was born in Wyandotte, Oklahoma to Jasper Millhollin and Susan Daughtery and was one of fifteen children.

Like so many others raised during the depression, Georgia has known more than her share of hardship, but she has also experienced many good times during her long life. As a child she created great memories going to her Grandma and Grandpa Daughtery for corn dances and traveling by wagon for visits. As an adult, she has shown positive energy, and upbeat outlook and a zest for life. Although reaching triple-digitstatus has caused her to slow down a bit, Georgia still enjoys a nice car ride, watching her television shows, and visits with her family.

On May 13, her family celebrated her 100th birthday in Wenatchee, Washington with family members from across the state and Oregon. In attendance were her daughters Linda and Roberta; grandchildren Megan, Ron, Rob, Susie, Scott, and Camille; great grandchildren Carson, Harper, Lucas, and Claire; as well as several nieces and nephews. *Happiest of Birthdays Georgia, from your Eastern Shawnee Family!*

Pic 1) Georgia White Pic 2) Georgia White with family.



Participate in the 2023 Tecumseh Warrior Challenge and Discover Your Inner Warrior Submitted by Annette Clark, Director of Communications



Hurdles

Most people have become quite familiar with the American Ninja Warrior show on TV over the last few years, and many people have heard or possibly participated in events such as the Tough Mudder, Spartan Race, Hard Core Mudd Run, or the Civilian Military Combine. All of these fit in the category of Obstacle Course Racing (OCR), which is a sport where competitors travel on foot and overcome the physical challenges of various obstacles along the course. Eastern Shawnee Wellness Center Director, Ron Wallace, stated that the Tecumseh Warrior Challenge is similar to these events, but what makes it unique is the Native American flare involved.

The First Tecumseh Warrior Challenge was held in 2016 on Eastern Shawnee tribal land near Wyandotte, Oklahoma during their annual Pow Wow. The tribe's wellness center has outdoor walking/running trails for member use and the Challenge is held there. In this event, competitors are faced with mud pits, a tire wall, overunder, hurdles, balance beams and running which is similar to other OCRs. Then to test your fortitude as a warrior, competitors face the challenges of the tomahawk throw, using a bow and arrow, the knife throw, the spear throw, and the log carry. Finally, the race ends with a splash when you go down the big slide into a "refreshing" water pit. This



Balance Beam

event is considered a race/competition and prizes are awarded to First Place male and female competitors. All participants receive a T-shirt, goodie bag, and a metal for bragging rights at the completion of the race.

Wallace shared this will be the 6th year the Eastern Shawnee Wellness Center will host this event and expects an even better turn-out than years past. It is a fun, but challenging experience to participate in as well as watch. This year the race will be held on September



Over under

16, 2023, at 8:00 am. You can sign up for the event by going to the link listed below or check out the Eastern Shawnee Wellness Center website or Facebook page for more information or give us a call: ph. (918) 238-4800.

https://register.chronotrack. com/r/74714

https://shawneewellness.com

https://www.facebook.com/people/ Eastern-Shawnee-Wellness-Center/100063338131331/

ENROLL IN CAREER BASICS TO QUALIFY FOR THE 2024 LEADERSHIP SUMMIT

NAFOA's Career Basics is open for enrollment for 2023! Career Basics is a free online career readiness and personal finance program designed for 18-27-year-old Native American youth and young professionals.

The program offers coursework that provides opportunities for participants to improve career readiness and personal finance skills, and advance their understanding of issues impacting tribal economies.

Career Basics is also designed to prepare youth for the NAFOA Leadership Summit. Young professionals ages 21-27 years old participating in Career Basics are invited to apply for the NAFOA Leadership Summit.

The 2024 Leadership Summit will be held in Hollywood, FL. Attendees will be staying in the Seminole Hard Rock Hotel for the duration of the Summit and Conference. Accepted applicants will receive funding that provides support for the costs associated with participation in the program, including travel/transportation, hotel costs, meals, conference registration fees, and the NAFOA Leadership Summit program fees. A \$250 stipend to purchase business formal attire will also be provided.

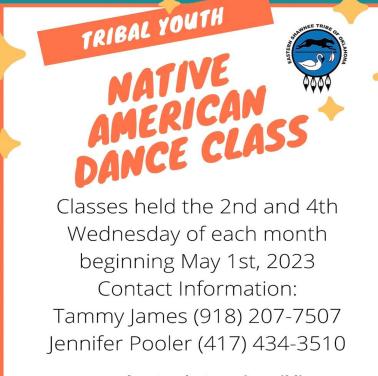
Article submitted by Justin Barrett, Tribal Treasurer



AIBL's National Business & Leadership Student Conference is designed to give Indigenous students and professionals access to relevant business information and expertise, offering a variety of activities geared specifically to enhance and expand educational experiences beyond what is taught through traditional academic methods. Students compete for prizes in Business Plans, Community Projects, and Elevator Pitch competitions. Our students participate in culturally appropriate financial literacy and business plan training to give them practical skills to become successful business leaders in our Native communities. Submitted for publication by Justin Barrett.



| Eastern Shawnee | |
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| | Early Childhood Learning Center |
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| Eastern Shawnee | Tribe of Oklahoma Native Connections |
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| facebook.com/th | eoutpostcasino |
| Shawnee Skies | |
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Located at Sandy Captain Building Directly across from Bluejacket Building 10170 South 705 Rd Wyandotte Oklahoma.

> Sponsored by the Eastern Shawnee Tribe CCDF Program.

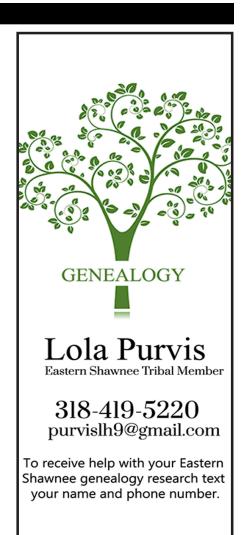


EMERGENCY RENTAL ASSISTANCE PROGRAM

Emergency Rental Assistance Program By Amber Mittag, Education and Specialized Services

The purpose of the Eastern Shawnee Tribe of Oklahoma Emergency Rental Assistance Program is to provide direct financial assistance, including rent, rental arrears, utilities and home energy costs, utilities and home energy costs arrears, and other expenses related to housing. This program will make available a limited amount of assistance to households that are unable to pay rent and utilities due to the COVID-19 pandemic. This program will serve eligible households and is subject to available program funding. **Eligibility:**

- Qualifies for unemployment or has experienced a reduction in household income, incurred significant costs, or experienced a financial hardship due, directly or indirectly, to the Covid-19 outbreak.
- 2. Demonstrates a risk of experienc-



ing homelessness (rent) or housing instability (utilities and other expenses); and

 Has a household income at or below 80 percent of your area median (FY 2020).

Assistance Provided:

- 1. Rent
- 2. Rental arrears
- Utilities (electric, gas, water and sewer, fuel oil)
- 4. Utility arrears
- 5. Internet

Eligible households may apply and receive up to three months of assistance at a time, provided funds are available. A maximum of 12 months assistance or \$3,000, whichever should come first.

For more information please contact Amber Mittag, Education Coordinator, (918) 238-2424 or amittag@estoo.net or applications may be found on our website, www. estoo-nsn.gov

FROM THIS CORNER *By Chief Glenn J. Wallace*

WE'RE IN THE NEWS

Below are two newspaper articles written about the Grand Opening of our Ohio River Valley Splash Pad. We appreciate their coverage.

Eastern Shawnee Tribe of Oklahoma Opens New Splash Pad By Roger Nomer | rnomer@joplinglobe.com Jul 17, 2023

WYANDOTTE, Okla. — The Eastern Shawnee Tribe of Oklahoma held a grand opening for its Ohio River Valley Splash Pad on Monday.

More than just a way to cool off during the summer, the splash pad also is a way to continue helping children connect to nature, the tribe's history and its traditions, tribal leaders said.

"It's difficult keeping our history alive and getting our children to know it," said Glenna Wallace, chief of the Eastern Shawnee Tribe of Oklahoma. "We wanted to incorporate aspects of our history, we wanted to incorporate aspects of our culture, and we wanted to provide outdoor learning spaces."

Wallace said the project was the culmination of two years of planning and work. Branco Construction built the splash pad, while Chad Greer was the architect. It cost about \$3 million, with about \$1.5 million coming from grants secured by the tribe's Child Care Development Fund and another large portion coming from funding available through the American Rescue Plan Act. Wallace started the grand opening from the edge of the tribe's wooded Sacred Circle, in a small valley below the new splash pad. The Sacred Circle is where the tribe passes its traditions on to the next generation, like teaching its young people the Stomp Dance.

The splash pad, located at 10205 S. Bluejacket Road in Wyandotte, was intentionally built close to the circle and the tribe's Early Childhood Learning Center.

The center now serves about 140 children, and its location gives children access to both the police department and



Breckyn Callaway, 10, plays with a water feature at the Ohio River Valley Splash Pad on Monday in Wyandotte, Okla. Globe/Roger Nomer



A panther sits on top of a waterfall at the Ohio River Valley Splash Pad on Monday in Wyandotte, Okla. Globe/Roger Nomer

tribal elder housing. Wallace said it's a way to immerse children in nature, their community and their history.

As Wallace led the crowd from the Sacred Circle to the splash pad, she noted improvements at the center, including a music garden currently under construction.

She also pointed out raised garden beds that provide nature-related learning activities. Here, children get to raise plants from a seed. Each child gets to adopt a pumpkin, water and care for it, and eventually have their own jack-o'lantern at Halloween.

Origins of name

The Ohio River Valley Splash Pad gets its name from the original location of the Shawnee people. Wallace said that during the Indian Removal Act of 1830, the Shawnee along with the Seneca Cayuga were the first tribes to be forcibly removed from Ohio.

Engraved paving stones lead to the



Children from the Eastern Shawnee Tribe of Oklahoma's Early Childhood Learning Center play at their new splash pad Monday near Wyandotte, Okla. Globe/Roger Nomer



Pavers commemorate the journey of the Seneca and Shawnee from Ohio along the sidewalk of the new splash pad near Wyandotte, Okla. Globe/Roger Nomer



Children from the Eastern Shawnee Tribe of Oklahoma's Early Childhood Learning Center open the new splash pad on Monday near Wyandotte, Okla. Globe/Roger Nomer

splash pad, marking the Shawnee tribe's journey out of Ohio and arrival in various states during the relocation. These milestones are taken directly from the journal of a Shawnee man who documented the tribe's grueling journey.

Among the common splash pad features of fountains and cascading water, sculptures of a panther and swan watch over the water. Wallace said these animals, featured on the Eastern Shawnee Tribe of Oklahoma's flag, hold great significance to the Shawnee.

They teach that their creator, which Wallace noted Shawnee culture believes is female, created animals before human beings. Therefore, animals possess attributes that are desirable for humans to inhabit.

"If we can incorporate their traits into our lives, we will be better, stronger individuals," Wallace said.

The panther represents strength and has traits of aggressiveness and quick action. It commands respect from the rest of the world.

The swan is opposite of the panther, marked by traits of gentleness, tranquility and poise. The swan teaches them respect for all life, Wallace said.

"The Shawnee believe we have each of these traits within us," Wallace said. "What we try to teach our children is that you will know when it is appropriate to be a panther, and you will know when it is more effective to be a swan. In the world we live in today, I think we need to strive to get more of those swan attributes into ourselves."

Open to the public

In addition to being used by students at the Early Childhood Learning Center, the splash pad will be open to the public. Wallace said that because the tribe receives funds from the U.S. government, tribal leaders want to open their programs to the public and to benefit the surrounding community.

The splash pad is open to the public from 3 p.m. to 8 p.m. Monday through Friday, and from 10 a.m. to 8 p.m. Saturday and Sunday. *Reprinted with permission.*

Make a big splash By Judy Haas Smith, Neosho Daily News, July 21, 2023

The Eastern Shawnee Early Learning Center had its grand opening for their new outdoor play area and they call it their "Ohio River Valley Splash Pad." The title alone suggests the idea that the area is for more than your standard outdoor recess. And it is!

Chief Glenna Wallace led the grand opening ceremony beginning at a small amphitheater located just south of the splash pad.

She thanked Branco personnel responsible for the engineering and construction of the topographical challenges. The splash pad is 5,000 square feet and covers four acres.

One has to see how beautifully the landscaping and the subtle history lessons are interwoven with the lessons of respect for nature and Shawnee traditional culture.

The swan and panther are emblems of the Eastern Shawnee. The panther represents quickness, protective fierceness, strength and stealth; characteristics of an able Warrior. The swan represents grace and beauty, calm and competence; good characteristics of the mothers and girls of the tribe. Children are taught to think about which situations require which characteristics for making good choices in life. These artfully done images add some class to the pad.

The floor of the splash pad is painted in two shades of blue representing the Ohio River and its valley from which the Native Americans were forced by a law in 1830 to move from their ancestral lands to distant territory which later became Kansas and Oklahoma.

In school we taught it as former Spanish territory which the Spanish lost to the French, and then the French sold it to President Thomas Jefferson in 1803. It is called the Louisiana Purchase for which the new United States paid \$3,000,000. Earlier the European countries had claimed America.

Their traders, trappers, explorers and



colonists were intent on pushing aside the indigenous peoples. The Native Americans were the original citizens who had organized themselves into some hundreds of tribes.

Old classroom history books often overlooked study of the original people whom early explorers called Indians. Native Americans were called Indians because Christopher Columbus did not know where he really was in 1492.

He thought he had sailed near India and the spice islands of the Far East. In fact, he had run into our islands off the coast of Florida.

Later, a fellow designed a map from what explorers were reporting. The man's last name was Americus so the space he plotted on parchment paper has been called America forevermore.

That is a lot of history in a nutshell, but I hope you can keep it in your memory bank. There are history buffs such as myself who are truly embarrassed not to have learned and taught more about the Native Americans.

Old history classes were taught more about dates and heroes instead of about the people living the history.

One man in Ohio recently told me he had attended parochial school and he was taught that all the Indians were dead.

I had no idea there were tribes called Woodland Indians. I think of the 1700's American map in a whole new tribes way. You can, too.

Think about the area good for rais-



ing corn north of Kentucky as the fertile farm country. South of Kentucky and Tennessee is the southern farming area. The middle section of Kentucky and Tennessee was by agreement among the tribes reserved for the animals which supplied their meat, pelts and hides for clothing, homes and meals.

Now you better understand why they lived where they did and also why the Europeans wanted that land.

Now as the original writings of explorers, hunters and trappers are being read and taught, schools of the Ohio region are beginning to include new geography and earlier history of the tribal lands.

There is new interest in Daniel Boone, Chief Blackfish, Chief Black Hoof, Chief Blue Jacket and the most famous Shawnee of all, Tecumseh.

How can all this be illustrated in a splash pad water park? First, paint the Ohio River on the splash pad.

Access and egress is along a landscaped walkway with native plants and vegetables known to the Shawnee and neighboring tribes which will be tended by the children of the early learning center.

They do not call this "day care," but early learning.

How do you teach what happened when the Native Shawnee and Seneca tribes were forced to move to Oklahoma and Kansas, and some of Missouri, away from their Ohio Valley homes?

There are brief statements in pavers

set in the concrete sidewalks which tell the story. I will reprint the five here.

The record of what the ancestors did is amazing. Many of us have learned about the Cherokee Trail of Tears from Georgia to Oklahoma.

This is another Trail of Tears from the Ohio Valley to Kansas, and then on to Oklahoma.

First paver: This is at the gate to the Amphitheater and the "Sacred Circle" and also the splash pad. "OUTDOOR DISCOVERY GARDEN, EASTERN SHAWNEE TRIBE OF OKLAHOMA, 2023."

Second paver: "LEWISTOWN, OHIO – INDIANA STATE LINE, SEPT. 1832. 95 miles, 187,000 steps, 6 days."

Third paver: "INDIANA STATE LINE – ILLINOISE STATE LINE, SEPT. 25, 1832 TO OCT. 4, 1832. 150 MILES, 300,000 STEPS, 19 DAYS.

Fourth Paver: ILLINOISE STATE LINE TO MISSOURI STATE LINE, CROSSED MISSOURI RIVER BY FERRY AT KASKASKIA. OCT. 14, 1832 TO NOV. 8, 1832. 200 MILES, 46,180,000 STEPS, 25 DAYS."

Fifth paver: "MISSOURI STATE LINE TO INDIAN TERRITORY, SENECA AGENCY. NOV. 8, 1832 TO DEC. 13, 1832. 320 MILES, 730,000 STEPS, 35 DAYS."

These pavers will take you from the splash pad to the above-ground play place which is not yet complete.

You may be tired of all my words, but we must respect what these courageous people did to save their lives and families in the face of foreign migration.

They have adjusted to being a nation within a nation, and we call each other friends. That, too, is a lesson for the ages.

There is so much more I could tell of the grand opening. Two major people were honored by being "blanketed," which is sort of like being adopted into the tribe.

POW WOW ANNOUNCEMENT



Hello everyone. The Pow Wow Committee has a few announcements for our tribal members.

- We will be HONORING OUR VETERANS at this year's annual Pow Wow and would like all Veterans to fill out our registration form and return it to PO Box 531, Seneca, MO 64865 by August 17th. You do not have to be present. We would like to recognize and honor everyone.
- 2. We will gather on Saturday at 5:30 pm on the Pow Wow grounds to take a **GROUP PICTURE OF ALL EASTERN SHAWNEES**. This picture will be displayed on the wall at the George J. Captain Library. We are excited and hope to see you soon.
- 3. We will honor **Glen Stoner and Renee Flatter as Elders of the Year.** They were selected for their lifetime of accomplishments and contributions to the Eastern Shawnee People.
- 4. ELDERS BREAKFAST will be held Sunday, September 17 at 9:00 am at Indigo Sky Casino Grand Cedar Ballroom.

Safe travels and love from your Ceremonial Chief and Pow Wow Committee.



We have a Food Distribution Program for Eastern Shawnee Tribal Citizens the last Thursday of each month. Income guidelines apply.

Food may be picked up from 10 A.M. to 1:30 P.M. at the Growing Thyme Building, located just east of the 10C Tribal Complex, near the Missouri line.

For information contact Shelly Rogers, Administrative Assistance at (918) 238-5151 ext. 1821.

| Name | | |
|-------------------------|-------|-----|
| Address | | |
| City | State | Zip |
| Telephone () | Email | |
| Branch of Service | | |
| Service dates// | to// | |
| Highest Rank | | |
| War, operation Conflict | | |
| ADDITIONAL INFO: | | |
| | | |
| | | |

Return to: ESTO POW WOW COMMITTEE, Box 531, Seneca, MO 64865 PLEASE RETURN BY AUGUST 17TH NNUA

SEPTEMBER

Head Staff

Head Man - Jason Bender Head Lady - Virginia Mouse Head Singer - Gene Sovo Arena Director - Justin Barrett Gourd Dance Society - Comanche Little Ponies 2023 Jr. Princess - Hailey Green Color Guard - Lenape Color Guard

Master of Ceremonies - Neil Lawhead Head Judge - Murray Rhoades Host Northern Drum - American Horse 2023 Princess - Susan Patterson

Schedule of Events

FRIDAY September 15, 2023

6:00 pm - GOURD DANCE

7:00 PM - PRAYER AND HONORING OF VETERANS

7:30 pm - GRAND ENTRY

2022 PRINCESS SPECIAL **CROWNING OF 2023 PRINCESSES**

CONTESTS:

TINY TOTS JR. GIRI S BUCKSKIN JR. GIRLS CLOTH JR. GIRI S FANCY SHAWI JR. GIRLS JINGLE JR. BOYS STRAIGHT JR. BOYS TRADITIONAL JR. BOYS GRASS JR. BOYS FANCY

SATURDAY September 16, 2023 1:00 pm - GOURD DANCE

All specials are Saturday afternoon before supper break for anyone not on the head staff

5:00 pm - SUPPER BREAK 6:00 pm - GOURD DANCE 7:15 PM - LORDS PRAYER

Chief's Special 7:30 pm - GRAND ENTRY Elder Honor Dance

CONTESTS: GLEN STONER IR MEMORIAL

NORTHERN TRADITIONAL TEEN GIRLS BUCKSKIN TEEN GIRLS CLOTH TEEN GIRLS FANCY SHAWL TEEN GIRLS JINGLE TEEN BOYS GRASS TEEN BOYS FANCY WOMEN'S BUCKSKIN WOMEN'S CLOTH WOMEN'S FANCY SHAWL WOMEN'S JINGLE GOLDEN AGE MEN

GOLDEN AGE WOMEN

SUNDAY

September 17, 2023 9:00 am - ESTO HONOR THE ELDERS BREAKFAST INDIGO SKY CASINO 12:00 pm - GOURD DANCE

Eastern Shawnee Tribe of Oklahoma

1:00 pm - GRAND ENTRY CONTESTS:

TEEN BOYS STRAIGHT TEEN BOYS TRADITIONAL MEN'S STRAIGHT MEN'S TRADITIONAL MEN'S GRASS MEN'S FANCY HAND DRUM

PRESENTATION OF PRIZES



2022 Pow Wow Princess Katherine Captain Robbins Ross 2022 Pow Wow Junior Princess Kiaria Williams

ALL CONTESTANTS:

**Must make two grand entries and exhibitions. **Must be fully dressed to claim prize money.

Eastern Shawnee Pow Wow Grounds, 12615 S. 705 Rd., Wyandotte, OK 74370 Kelley King, Chairperson, ESTO Pow Wow Committee, PO Box 531, Seneca, MO 64865 | espwc@outlook.com.

In case of inclement weather our alternate location will be at the Eastern Shawnee Wellness Center. Schedule of Events is subject to change without notice.



PEORIA RIDGE GOLF COURSE

10301 S 600 Rd, Miami, OK 74354

SATURDAY, SEPTEMBER 2, 2023

SHOTGUN START 9:00 AM REGISTRATION 8:00 AM BREAKFAST TO FOLLOW REGISTRATION

Four Person Scramble \$500 PER TEAM

4 PERSON TEAM - INCLUDES ENTRY FEE, GOLF CARTS, GREEN FEES, BREAKFAST, LUNCH, AND 2 MULLIGANS PER PLAYER

Hotel code is GOLF23 and it's a \$99 rate until August 14th at Indigo Sky Casino & Resort.

Code: 2FEST20. Type: 20% off orders on truelinkswear.com and 20% of each order donated back to Eastern Shawnee!

Please send Entry Form and Check (no cash please) to: EASTERN SHAWNEE POW WOW COMMITTEE ATTN: Justin Barrett, Eastern Shawnee Tribe 10080 S. Bluejacket Rd, Wyandotte, OK 74370 For more information call: JUSTIN BARRETT (918) 533-6299 Electronic submissions and credit card payments can be emailed to jbarrett@estoo.net



Bearskin Healthcare Service Guide

| Optometry | Must be seen by provider at Bearskin Healthcare once every three years to be eligible. Must be authorized prior to visit by Bearskin Healthcare Services must be provided by a Bearskin contracted provider AS FUNDING ALLOWS | \$225 for single vision—includes exam and one pair of glasses OR contacts \$275 for multi-focal vision—includes exam and one pair of glasses OR contacts |
|--|---|---|
| Audiology | Must be seen by provider at Bearskin Healthcare once every three years to be eligible. Must be authorized prior to visit by Healthcare Services must be provided by a Bearskin contracted provider AS FUNDING ALLOWS | \$1000 per ear towards hearing aids \$75 per hearing exam (Hearing aids will only be replaced every five years. If lost, stolen, damaged or destroyed before reaching the five-year mark, it will be the owner's responsibility to replace these appliances.) |
| Adult Emergency Dental | Must be seen by practitioner at Bearskin Healthcare once every three years to be eligible. Must be authorized prior to visit by Healthcare Services must be provided by a Bearskin contracted provider AS FUNDING ALLOWS | Up to \$1,000 per year Services provided: Limited x-ray Limited exam Extractions |
| Children's Dental | Must be seen by practitioner at Bearskin Healthcare once every three years to be eligible. Must be authorized prior to visit by Healthcare Services must be provided by a Bearskin contracted provider AS FUNDING ALLOWS | • Services excluded are orthodontics and whitening |
| Pharmacy | Must be seen by a provider at Bearskin Healthcare Fills prescriptions written by Bearskin Healthcare providers Prescriptions from outside providers are only filled if approved by and re-written by a Bearskin Healthcare provider under his/her authority | |
| Purchased/Referred Care (Formerly Contract Health Services) | Must be seen and referred by a Bearskin Healthcare provider reside within one of the twelve counties - Ottawa, Craig, Mayes, Wagoner, Delaware, Rogers, Okmulgee, Nowata, Tulsa, Creek, Okfuskee, Washington | |
| | Must be authorized prior to visit by Healthcare with exception of emergency | |

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Natural Remedies: Summer Sunburns & Bug Bites Keep the plights of the season away with these natural sunscreens and insect repellents. *By: Kathleen Blanchard, Tribal-Realty/Land Use Coordinator*

Summer is Finally Here! Beaches, backyard barbecues and camping trips are a few of the things we can enjoy this time of year. But with the good comes the not-so-good----sunburns, ticks and mosquitoes are just a few common summer nuisances. Of course, we can always slather on repellents, but are the chemical sprays any better than the bugs they kill? Instead of hunkering down indoors or subjecting yourself and your family to DEET and other harmful chemicals, try these commonsense preventative measures and natural remedies this summer.

An Ounce of Prevention

Sunburns: The best way to fight a problem is to prevent it from happening in the first place. Sunburns are the easiest issue to prevent. One bad sunburn can have health consequences years later, so be sure to take precautions any time you are in the sun, not just the danger hours of 10 a.m. to 2 p.m. Sunscreen is a must, regardless of skin tone. When shopping for sunscreen, choose one that is labeled "broad spectrum," as this type protects against UVA and UVB rays. The American Academy of Dermatology recommends an SPF if 30 or higher. To steer clear of harmful chemicals in your sunscreen visit The Environmental Working Group at http://ewg.org for information on ingredients as well as safe, recommended brands. Other preventative measures include wearing a wide-brimmed hat and doing your relaxing under a beach umbrella.

Ticks: Ticks are active year-round but are at their peak in the summer. Ticks are hunters, lying in wait for a warm body to pass by. Because ticks can spread disease to humans, it is important to avoid tick bites. When you are



out, especially in wooded areas, wear long pants and a long-sleeved shirt. Tuck the cuffs of your pants into your socks, and wear closed-toe shoes and a hat. As soon as you come indoors, do a thorough tick check. Lyme disease is a debilitating illness caused by ticks. Although it occurs nationwide, it is heavily concentrated in the northeast and upper Midwest. Removing ticks in the first 24 hours greatly reduces your risk of contracting Lyme disease.

Mosquitoes: Mosquitos are another common summer irritant, and we've recently seen a rise in mosquito-borne diseases that can have long-lasting health effects. Research shows some people's body chemistry is more attractive to mosquitoes. Much of this, unfortunately, is due to genetics, and the way certain people process cholesterol, uric acid and carbon dioxide, among other factors. Mosquitoes may also be attracted to pregnant women because of their extra body heat.

Mosquitoes are usually most active at

dawn and dusk. If you are out during their heaviest feeding times, wear loosefitting, light-colored, long-sleeved shirts and long pants. Mosquitoes are most attracted to areas of the body such as ears, wrists, or ankles, where skin is thin and blood vessels are close to the surface. To discourage mosquito presence in your yard remove their breeding ground. Mosquitoes thrive in areas of standing water, so get rid of any sources of standing water. Several oils can act as mosquito repellent. Cinnamon, lemon eucalyptus and catnip oils are three of the most effective. Place 10 to 15 drops of your chosen oil in $\frac{1}{4}$ cup of olive oil. Mix well and apply to pulse points. **A Pound of Cure**





Despite our best intentions and preventions, we will occasionally have to deal with sunburns and bug bites. Before you head out for a day of fun in the sun, brew a strong pot of black tea. Let the undiluted tea sit in your refrigerator until you get home. If you got too much sun on your face, use a cotton ball to apply tea to rosy cheeks. If you find yourself with an all-over burn, add the entire pot of tea to a lukewarm bath. Many people find black tea helpful in removing the heat from the sunburn, and some research suggests applying tea to the skin may help block sun damage. Moisturize thoroughly after your soak and stay hydrated (drink water) and lubricated until the burn subsides.

Bug bites of all kinds produce allergic responses in humans. This is because the body responds to any invaders by creating histamines, which make blood vessels in the affected area swell and itch. A few common herbs do a superb job at relieving the symptoms of this allergic reaction. The most soothing of these is chamomile. Make chamomile tea and apply the tea bag to the bite. Drinking the tea can also help calm you if you are especially sensitive to being stung.

If you do not have chamomile, try the cooling properties of peppermint. Apply peppermint essential oil, diluted in carrier oil, or the crushed fresh leaves of peppermint to the affected area to block the itching. Use caution when using any essential oil in case of adverse reactions. Avoid using peppermint oil with children, because of potentially dangerous reactions. For a full list of information on essential oil safety around children and infants, and during pregnancy visit the National Association for Holistic Aromatherapy.

The camphor and thymol found in basil also relieves itching. Try the fresh herb

or follow product directions for using essential oil.

If you find yourself without any herbs, here's another idea to try. Many people report that baking soda can help reduce itching. Add just enough water to make a thick paste. Add to the bug bite and let dry. The alkalinity of the baking soda will neutralize the pH of the affected area, which will reduce the itching.

Sources:

1. Michael L. Ramsey & James R. Wappes (1998) Soothing Your Summer Skin Problems, The Physician and Sportsmedicine, 26:7, 75-76, DOI: 10.3810/psm.1998.07.1617 2. Buchbauer, G., and I. M. Wallner. "Essential oils: Properties, composition and health effects." (2016): 558-562.

Disclaimer:

The words and other content provided in this article, and in any linked materials, are not intended and should not be construed as medical advice.

Child Care and Development Fund *Submitted by Dian Randall, CCDF Director*

We are getting very close to time for the Shawna Stovall Children's Backto-School Pow Wow. Our committee is working to get everything ready for this event. That will be a 2-day event this year on the evenings of August 4th & 5th. Look for our flyer in the shooting star for more details.

CCDF is proud to say that our Splash Pad is finally complete at the Eastern Shawnee Early Childhood Learning Center. It is a sight to see so if you are

Soiling (Encopresis)

What Is Encopresis?

If your child has bowel movements (BMs) in places other than the toilet, you know how frustrating it can be. Parents might assume that kids who soil their pants are misbehaving or too lazy to use the bathroom when they have the urge to go.

But many kids beyond the age of toilet teaching (generally older than 4 years) who soil their underwear have a condition known as encopresis (en-kah-PREEsis). They have a problem with their bowels that dulls the normal urge to go to the bathroom. So they can't control the accidents that usually follow.

Encopresis isn't a disease. It's a symptom that may have different causes.

What Are the Signs & Symptoms of Encopresis?

At first, parents may think their child has a simple case of diarrhea. But when it keeps happening, it's clear that there's another problem, especially because the child isn't sick.

As the buildup of stool stretches the colon, the nerves have trouble telling the brain that it's time for a BM. If untreated, the soiling will get worse. Then, kids may lose their appetites or complain of stomach pain.

A large, hard poop may also cause a tear in the skin around the anus that will leave blood on the stools, the toilet paper, or in down our way stop by and check it out. Part of the funds to build this project came from the CCDF grant.

We still have our Car Seat and Newborn Starter Kit programs; you must live within a 100-mile radius of our office to be eligible for these programs. These programs are funded with the CCDF grant and this is our service area per our grant guidelines.

If you want to apply or have any questions about Child Care Assistance with

the toilet.

Parents can get frustrated if their child seems unfazed by the poop accidents, which happen mostly during waking hours. Denial may be one reason for a child seeming calm — kids can't face the shame and guilt they feel about the condition. Some even try to hide their soiled underpants from their parents.

Another reason may be more scientific: Because the brain gets used to the smell of poop, the child may no longer notice the odor.

What Causes Encopresis?

Most encopresis cases are due to constipation. Stool (poop) is hard, dry, and difficult to pass when a person is constipated. Many kids "hold" their BMs to avoid the pain they feel when they go to the bathroom, which sets the stage for having a poop accident.

About Constipation

There's a wide range when it comes to "normal" pooping. One kid might have one or two BMs per day while another goes only three or four times a week.

A child who passes a soft, medium-sized BM without any problems every 3 days is not constipated. But a child who passes a hard BM (small or large) every other day is. So are other kids who may go every day, but only pass hard little balls and always have poop left behind in the rectum. our CCDF Program, please feel free to come by our office located at 10100 S. Bluejacket Rd. / Suite #3, Wyandotte, OK 74370 or call us at (918) 540-9970 or (Toll Free) 866-978-1352 and talk to Dian, Johnetta or Dheather. You may also email us at drandall@estoo.net, jharper@estoo.net or dheather.sparks@ estoo.net

You can also find our information on the tribe's website at www.estoo-nsn. gov

Causes of hard poop can include:

- diet
- illness
- not drinking enough liquids
- fear of the toilet during potty training
- limited access to a toilet or a toilet that's not private (like at school)

Some kids may develop chronic constipation after stressful life events such as a divorce or the death of a close relative.

Rectal surgery or birth defects such as Hirschsprung disease and spina bifida can cause constipation or encopresis without constipation, but this is uncommon.

What Happens With Encopresis?

When a child holds in BMs, the poop starts building up in the rectum and may back up into the colon — and a frustrating cycle begins.

The colon's job is to remove water from the poop before it's passed. The longer the poop is stuck there, the more water is removed — and the harder it is to push the large, dry poop out. The large poop also stretches out the colon, weakening the muscles there and affecting the nerves that tell a child when it's time to go to the bathroom.

Then, the colon can't easily push the hard poop out, and it's painful to pass. So the child continues to avoid having a BM, often by dancing, crossing the legs, making faces, or walking on tiptoes.

In time, the rectum and lower part of the colon get so full that it's hard for the sphincter (the muscular valve that controls the passage of feces out of the anus) to hold the poop in. Partial BMs may pass through, causing the child to soil his or her pants. Softer poop may also leak out around the large mass of feces and stain the child's underwear when the sphincter relaxes.

Kids can't prevent this soiling — nor do they have any idea it's happening — because the nerves aren't sending the signals that regulate pooping.

How Is Encopresis Diagnosed?

Call the doctor if your child has any of these symptoms of encopresis:

- poop or liquid stool in the underwear when your child isn't ill
- hard poop or pain when having a BM
- toilet-clogging BM
- belly pain
- loss of appetite
- blood on the toilet paper when wiping or dripping into the toilet bowl

Soiling and constipation are a top reason that kids go to see pediatric gastroenterologists (doctors who diagnose and treat disorders of the stomach and intestines).

How Is Encopresis Treated?

Encopresis is not a behavioral issue or a simple lack of self-control. Punishing or humiliating a child with encopresis will only make matters worse.

Instead, talk to your doctor for help to get through this challenging but treatable problem. The doctor also might recommend that your child see a gastroenterologist.

Treatment happens in three phases:

1. Emptying the rectum and colon of the hard poop. Depending on the child's age and other things, the doctor may recommend medicines, including a stool softener, laxatives, and/or enemas. Give laxatives and enemas only under the supervision of a doctor. Never give these treatments at home without first checking with your doctor.

- Helping your child begin having 2. regular BMs. This is done with the aid of stool-softening agents. It's important to continue using the stool softeners/laxatives to give the bowels a chance to shrink back to normal size. The muscles of the intestines are stretched out, so they need time to recover. Parents also will be asked to schedule potty times after meals (when the bowels are naturally stimulated). The child will sit on the toilet for about 5 to 10 minutes. This helps kids learn to pay attention to the urges to go.
- **3.** Reducing use of the stool medicines. As regular BMs happen, the doctor will decrease a child's use of stool softeners and/or laxatives.

Keep in mind that relapses are normal, so don't get discouraged. Your child might get constipated again or soil their pants during treatment, especially when being weaned off of the stool softeners.

A good way to track your child's progress is by keeping a daily poop calendar. Make sure to note the frequency, consistency (hard, soft, dry), and size (large, small) of the BMs.

Patience is the key to treating encopresis. It can take several months to a year for the stretched-out colon to return to its normal size and for the nerves in the colon to become effective again.

The Importance of Diet and Exercise

Diet and **exercise** are very important in keeping stools soft and BMs regular. Make sure your child gets plenty of **fiberrich foods**. Serve fresh fruits, dried fruits like prunes and raisins, dried beans, vegetables, and high-fiber bread and cereal. Try these creative ways to add it to your child's diet:

- Bake cookies or muffins using whole-wheat flour instead of regular flour. Add raisins, chopped or pureed apples, or prunes to the mix.
- Add bran to baking items such as cookies and muffins, or to meatloaf or burgers, or sprinkled on cereal. (The trick is not to add too much bran or the food will taste like saw-

dust.)

- Serve apples topped with peanut butter.
- Create tasty treats with peanut butter and whole-wheat crackers.
- Top ice cream, frozen yogurt, or regular yogurt with high-fiber cereal for some added crunch.
- Serve bran waffles topped with fruit.
- Make pancakes with whole-grain pancake mix and top with peaches, apricots, or grapes.
- Top high-fiber cereal with fruit.
- Sneak some raisins or pureed prunes or zucchini into wholewheat pancakes.
- Add shredded carrots or pureed zucchini to spaghetti sauce or macaroni and cheese.
- Add lentils to soup.
- Make bean burritos with wholegrain soft-taco shells.

Help your child drink plenty of liquids each day, especially water. Diluted 100% fruit juice (like pear, peach, or prune) is an option if your child isn't drinking enough water. Also, limiting your child's daily dairy intake (including milk, cheese, and yogurt) may help.

What Else Should I Know?

Successful treatment of encopresis depends on the support a child gets. Some parents find that positive reinforcement helps to encourage the child throughout treatment. For instance, put a star or sticker on the poop calendar for having a BM (or even for trying to), sitting on the toilet, or taking medicines.

Don't blame or yell — it will only make your child feel bad and it won't help manage the condition. With lots of love, support, and reassurance that they're not the only one in the world with this problem, your child can overcome encopresis.

Medically reviewed by: Jolanda M. Denham, MD. Date reviewed: July 2018. This information was provided by KidsHealth®, one of the largest resources online for medically reviewed health information written for parents, kids, and teens. For more articles like this, visit KidsHealth.org or TeensHealth.org. © 1995-2013. The Nemours Foundation/KidsHealth®. All rights reserved.

H.A.V.E.N. Update By Cathleen Osborne-Gowey (Program Admin – Crime Victim Advocate) (918) 554-2836 or COsbornegowey@estoo.net

Upcoming Events:

Haven will be attending the Children's Pow Wow this month and our larger Pow Wow in September – contact our office for more details.

Support Group: Please call our office for details.

Program Update:

Hello all –

This month, as we prepare to get our kids back into school, we're focusing on cyberbullying. Our kids are getting phones at a younger age and schools require our kids to be on computers for a good portion of the day. With access to social media, online platforms, and the internet comes the potential for cyberbullying. Did you know that cyberbullying is a crime? Have you had a chance to talk to your kids about cyberbullying? Do you feel you know what to say or how to help the kids in your life prevent cyberbullying? Below is an article from stopbullying.gov full of types for adults on how to help teens. https://www.stopbullying.gov/cyberbullying/what-is-it

What is Cyberbullying?

Cyberbullying is bullying that takes place over digital devices like cell phones, computers, and tablets. Cyberbullying can occur through SMS, Text, and apps, or online in social media, forums, or gaming where people can view, participate in, or share content. Cyberbullying includes sending, posting, or sharing negative, harmful, false, or mean content about someone else. It can include sharing personal or private information about someone else causing embarrassment or humiliation. Some cyberbullying crosses the line into unlawful or criminal behavior. The most common places where cyberbullying occurs are:

- Social Media, such as Facebook, Instagram, Snapchat, and Tik Tok
- Text messaging and messaging



apps on mobile or tablet devices

- Instant messaging, direct messaging, and online chatting over the internet
- Online forums, chat rooms, and message boards, such as Reddit
- Email
- Online gaming communities

Special Concerns

With the prevalence of social media and digital forums, comments, photos, posts, and content shared by individuals can often be viewed by strangers as well as acquaintances. The content an individual shares online - both their personal content as well as any negative, mean, or hurtful content - creates a kind of permanent public record of their views, activities, and behavior. This public record can be thought of as an online reputation, which may be accessible to schools, employers, colleges, clubs, and others who may be researching an individual now or in the future. Cyberbullying can harm the online reputations of everyone involved - not just the person being bullied, but those doing the bullying or participating in it. Cyberbullying has unique concerns in that it can be:

Persistent – Digital devices offer an ability to immediately and continuously communicate 24 hours a day, so it can be difficult for children experiencing cyberbullying to find relief.

Permanent – Most information communicated electronically is permanent and public, if not reported and removed. A negative online reputation, including for those who bully, can impact college admissions, employment, and other areas of life.

Hard to Notice – Because teachers and parents may not overhear or see cyberbullying taking place, it is harder to recognize.

Laws and Sanctions

All states have laws requiring schools to respond to bullying. As cyberbullying has become more prevalent with the use of technology, many states now include cyberbullying, or mention cyberbullying offenses, under these laws. Schools may take action either as required by law, or with local or school policies that allow them to discipline or take other action. Some states also have provisions to address bullying if it affects school performance. You can learn about the laws and policies in each state, including if they cover cyberbullying.

Resources and Stopbullying.gov

Check out the stopbullying.gov website for more information on how to prevent cyberbullying, social media and apps, cyberbullying and gaming, digital awareness for parents, how to establish rules, tips for teachers, how to report cyberbullying, and how to deal with "haters". The best way to help our kids is to educate ourselves. This isn't the world we all grew up in, so we parents/guardians/teachers have to educate ourselves on what our kids are facing. Haven advocates for all victims of crime, and cyberbullying is a crime! If you have questions, please contact HAVEN and talk with one of our advocates about how we can help and what services Haven can provide.

Haven Office Hours: 8:30 am – 4:30 pm Monday – Friday HAVEN Does NOT provide 24- hour service. After hours please call: StrongHearts Native Helpline https:// strongheartshelpline 1-844-762-8483 (call or text) or Community Crisis Center, Miami, OK 1-800-400-0883 StrongHearts and Community Crisis Center have 24 hour service

HAVEN is a tribal advocacy program offering support for all victims of crime, specifically domestic violence, sexual assault, and human trafficking. We serve all ESTOO tribal members REGARDLESS of where they live and local community members within Ottawa County and the cities of Vinita, Jay, Grove OK and Seneca, MO.

Please call the HAVEN office during business hours for more information. 918-554-2836 or Text Line: 918.533.3070

Program Website: https://havenprogram.com/

Program Email: havenprogram@estoo. net

Facebook: HAVEN Tribal Program, Twitter: @ProgramHaven, Instagram: HAVENTRIBALProgram.

A Message from the ESTOO Communications Office Submitted by Annette Clark, Director of Communications

Keeping the citizens of the Eastern Shawnee Tribe of Oklahoma informed and up to date on events, programs, and general tribal information is a top priority. In the very near future, the Communications Office will start sending information, announcements, etc. via mass email in addition to the currently used methods. In the beginning, you may need to check your spam or junk mail folders and select "Not spam/ Not junk" due to the messages being sent out as a mass email. At the bottom of each message will be the words "OPT OUT"; if you decide you do not wish to receive these emails just click on that and you will be removed from the recipient list. This will not affect your ability to receive emails from any other department; it will ONLY stop the mass emails sent by the Communications Office. We will continue to post information on the ESTOO website https://estoo-nsn.gov/ and on our Facebook page https://www.facebook. com/EasternShawneeTribe. If you have any questions, please contact our Communications Director, Annette Clark, at annette.clark@estoo.net or at (918) 238-5151 ext. 1810 or (918) 848-1339. If you need to update any of your contact information, please reach out to the department of Health and Social Service/Vital Statistics at (918) 666-7710.



We are a federal program that provides commodity foods to low-income households residing in approved areas. To be eligible to participate, the

INTER-TRIBAL COUNCIL FOOD DISTRIBUTION

household must contain at least one person who is a member of a federally recognized tribe. Eligible households are certified based upon income and resource standards act by the federal government.

The area served by the Inter-Tribal Food Distribution Program is a portion of Ottawa County, including the city limits of Miami east of Neosho River and a portion of Delaware county in Oklahoma. Cherokee and Labette Counties in Kansas, Newton, Barton, Jasper and McDonald counties in Missouri.

Applications can be found on our website: ITCFDP.ORG. If you have any questions please contact us via phone or e-mail.

Call (918) 542-3443 Between the Hours of 8-12 & 1-4:30 E-mail: carol@itcfdp.org or katrina@itcfdp.org.

School Health Submitted by Ashley Crawford RMA, CPhT, Clinic Liaison



School is just around the corner and Indian Health Services had some great tips for the coming year.

Health Education

American Indian/Alaska Native children have at an increased risk for obesity, type 2 diabetes and dental cavities, all of which can have serious, lifelong effects. The Indian Health Service health education and head start programs collaborate with local school systems that educate Native American and Alaska Native students.

Healthy Eating

Healthy eating is important for people of all ages, but it is especially critical for the growth and development of infants and young children. Healthy eating not only helps children feel good physically and mentally, but it also helps them to do well in school.

Physical Activity

Regular physical activity is a vital part of staying healthy, from birth through adulthood. Physical activity is any movement of the body that uses energy. Due to the increase in obesity and type 2 diabetes in American Indian and Alaska Native (AI/AN) populations, physical activity is even more important to AI/AN children. Early childhood is the ideal time to teach active lifestyles to children and provide good examples of healthy behaviors. It's up to parents, educators and health professionals to help our AI/AN children learn behaviors that will keep them healthy and happy.

Oral Health

Early childhood caries (ECC) is an especially severe form of dental cavities that affects young children's first set of teeth. Not only is ECC painful, it also can be embarrassing for the children who have it. If not treated, dental decay

and the damage ECC causes can have major, lifelong effects.

Injury Prevention

C. Everett Koop, the former Surgeon General of the United States, once noted, "If a disease were killing our children in the proportions that injuries are, people would be outraged and demand that this killer be stopped." Many of us assume that most injuries are random events, but the conditions that lead to so-called accidents can be avoided. When parents and caregivers are armed with caution and the proper information, most injuries can be avoided in the first place. It is clearly tragic that injuries are the leading cause of death for American Indians and Alaska Natives between the ages of one and 44. According to the Centers for Disease Control and Prevention, this group has a death rate from injury that is three times higher than the rest of the US population.

Mental Wellness

Mental wellness is the basis of a happy, productive life, which is why the Indian Health Service Head Start Program prioritizes mental health. There are many factors that contribute to each child's mental wellness, so a varied public health approach is helpful in addressing mental well-being.

Environmental Health

Every child deserves to live, play, learn and grow in healthy environments. This is why the Indian Health Service Head Start Program considers environmental health to be a top priority. Environmental health includes food safety, fire safety, disaster preparedness, sanitation, building safety, air quality, playground safety, injury prevention and illness prevention.

Source: https://www.ihs.gov/communityhealth/schoolhealth/

Drug Rehabilitation

Submitted by Joy McCoy, Native Connections Youth Project Assistant



people overcome suicidal crisis or mental-health related distress every day.

There is Hope and Help

You can call or text 988 if you or someone you know needs help with suicidal thoughts, substance abuse, or any other kind of emotional distress.

We also have a counselor on duty at the tribe, if you just need to talk to someone, about any distress you may have going on in your life.

Feel free to reach out to us. You can reach us at (918) 238-5151 Ext 1809 Native Connection. We can get you connected to the right person, to get you the help you need to navigate life. Neyiwa (Thank you)

About 988

People can call or text 988 or chat **988lifeline.org** for themselves or if they are worried about a loved one who may need crisis support.

988 serves as a universal entry point so that no matter where you live in the United States, you can reach a trained crisis counselor who can help.

988 offers 24/7 access to trained crisis counselors who can help people experiencing mental health-related distress. That could be:

Thoughts of suicide, mental health or substance use crisis, or any other kind of emotion distress

Need for 988

Too many people are experiencing suicidal crisis or mental health-related distress without the support and care they need, and sadly, the pandemic only made a bad situation worse when it comes to mental health and wellness in America.

There are urgent realities driving the need for crisis service transformation across our country.

In 2021:

- The U.S. had one death by suicide about every 11 minutes.
- For people aged 10–14 and 25–34 years, suicide was the second-leading cause of death.
- Suicide rates increased significantly among non-Hispanic Black & American Indian and Alaska Native people.
- Nearly 900,000 youth aged 12-17 and 1.7 million adults attempted suicide.
- About 107,000 people died from drug overdoses
- Yet, there is hope. The 988 Lifeline helps thousands of struggling

ICTIM CENTERED YOU ARE NOT ALONE! Haven is an advocacy program focused on confidential, safe, judgement free support. Haven currently provides services to all Eastern Shawnee. regardless of where they live, and Ottawa County, Oklahoma survivors in need. 000-000 Office: 918-55-HAVEN (554-2836) Toll free: 1-855-219-6658 Text line: 918-533-3070

Victims of Crime: 541-602-0616 More information:

Havenprogram.com Facebook:HAVENTribalProgram

> 10200 S. 695 Road Wyandotte, OK 74370



Education Snapshot By Amber Mittag, Education/ Specialized Services Director

Hello students!

By time you read this we will be days away from our first ever Education Banquet! I would love to see you there!! Aug 18th 5:30 to 7:30 at the AOA Building. See the flyer within this newsletter for further details!!

This month I come to you with another amazing student success story. See below email and photos sent to me from Micah Ashford. We are so very proud of you Micah, keep up your outstanding work!!

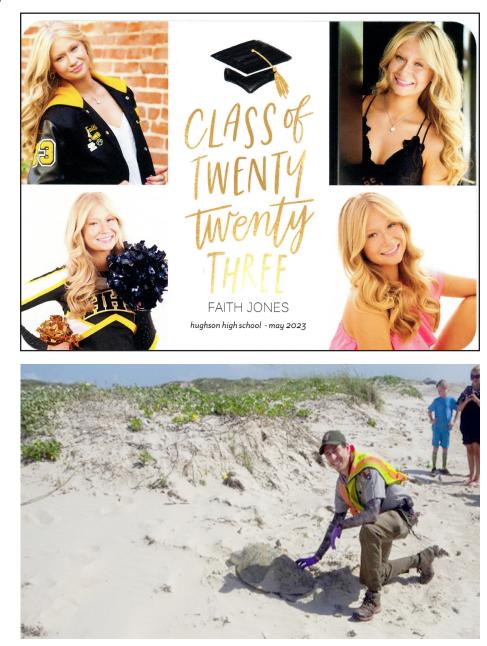
The Eastern Shawnee Scholarship program helped me make my dream come true. Thanks to the scholarship I received, I was able to complete my undergraduate and master's degree in biology, and pursue a career in working in wildlife conservation. My career has taken me to multiple countries and let me work with a host of species including Atlantic sturgeon, black bears, sea turtles, and many species of birds. I am continuing my career as the lead recovery biologist for the federally threatened western snowy plover. None of this would have been possible without the financial assistance of the tribe to see me through my education. From the bottom of my heart, thank you.

Student Spotlight





Micah Ashford



Preventing Illegal Dumping by Recycling *By Debbie Dotson, Water Quality Officer*

On May 18 and 19, the Eastern Shawnee Tribe of Oklahoma's Environmental Department hosted its annual Tire Collection Event. 4,811 tires were collected in just two short days. Those are tires that won't be found in our local creeks and ditches. In fact, several of them came from a creek or a ditch before being brought in to recycle. This event is a great example of how recycling can benefit the environment and prevent illegal dumping.

Illegal dumping brings a lot of problems, and usually not for the person dumping materials in a waterway or ditch. In a rural area, you can find old mattresses, TVs and tires on the roadside that can be a really ugly mess. In addition to the eyesores, dumps can bring public health problems. Mosquitos, flies, rats, cockroaches, and bacteria can reside in an abandoned dump site and spread in the surrounding areas. Breeding mosquitos and flies lay their eggs in water that collects in old tires and reproduces rapidly.

Illegal dumps are also bad for the environment. Many manmade materials are processed with chemicals and have metal components that leach into their surrounding environment. Heavy rain can carry those chemicals, metals, and plastics into our water and our soils. Many plastics, tires, and metals are slow to degrade and can be a contaminant source for years.

Non-point source pollution, more commonly referred to as runoff or stormwater runoff, results when rain carries materials from the surface into area waterways. Non-point source pollution is the major pollution source in the United States, according to the US EPA.

Stormwater runoff happens as precipitation picks up chemicals, trash, or debris from the land. Materials are absorbed into the soil, seep into the groundwater, or end up in our creeks, lakes, and rivers. Prevention of illegal dumping using recycling, and proper



Event helps prevent illegal tire dumping. (2023 Tire Collection Event)



It is important to keep tribal lands and water trash free. (2023 Fishing Derby)

disposal methods are great ways to stop runoff.

One of the objectives of the Eastern Shawnee Tribe's Water Quality Monitoring Program is to prevent non-point source pollution. Sometimes pollution prevention comes in the form of a project like a rain garden, low water crossing replacement, septic maintenance, or agricultural improvement.

Other ways to prevent pollution include collection events like our annual tire event, promoting a cleaner landscape and healthier environment. Other area events the Eastern Shawnee Tribe's Environmental Department has participated in include a stream cleanup, household hazardous waste collection, and e-waste collection events. These events and regular recycling efforts make a big difference in illegal dumping.

Please look for events and recycling centers in your area to participate in protecting public health and the environment.

Vital Stats & Social Services *By Jana Johnson, Director*

Health and Social Service Budgets for FY 2023

| Service | Year | Year Served |
|-----------------------------------|----------------|-------------|
| Auditory | \$4,760.40 | 14 |
| Burial | \$82,235.44 | 13 |
| Disabled Elder Care Emergency | \$1,002,813.03 | 362 |
| Elder Crisis Committee | \$46,605.59 | 28 |
| Extracurricular | \$24,543.79 | 130 |
| Healthcare | \$1,184,365.31 | 1597 |
| Orthodontics | \$15,639.96 | 23 |
| School Expenses | \$185,763.61 | 477 |
| Special Medical Equipment | \$9,872.31 | 58 |

Vital Statistics Activity July 2023

| Status Changes | 60 |
|---|------|
| Deaths | 0 |
| Enrollees | 2 |
| ID Cards | 0 |
| Photo ID | 9 |
| Total Enrollees for current fiscal year | 29 |
| Total Deaths for current fiscal year | 10 |
| Total Membership | 3787 |

Did you know you can find all the benefit forms on the website?

The direct link is estoo-nsn.gov/tribal-forms/

To navigate the website, go to 1. CONTACT US 2. FORMS

VITAL STATISTICS Direct to Vendor Claim Form

There are times when everyone faces a struggle when they can't afford to pay for dental work, get a new pair of glasses or pay a medical bill without having to use Care Credit or take out a personal loan. Instead of placing yourself in debt, you can have Social Services pay for the services directly to your health care provider from your health care or disabled/elder benefit. Complete a Direct to Vendor Payment Expense Claim form and attach your ORIGINAL billing statement.

DATE: Wednesday, June 14th, 2023 TIME: 5:30 p.m.

LOCATION: Bluejacket Building INVOCATION: Chief Wallace CALL TO ORDER, ROLL CALL, DECLARATION OF QUORUM

The Business Committee Meeting was called to order at 5:39 p.m. at the Bluejacket Building by 2nd Chief Samples with the following answering roll call: 1st Council Kissee, 2nd Council Daugherty, 3rd Council Kraus, Secretary Littlefield and Treasurer Barrett. A Quorum was declared by 2nd Chief Samples. Chief Wallace was present.

NEW ENROLLEES:

| Amelia Mae Ward | DOB: |
|------------------------|------|
| 02/28/2023 | |
| Juliet Indigo Faulkner | DOB: |

03/21/2023

MOTION: To Approve the New Enrollees as presented. The motion was made by 2nd Council Daugherty with second by Treasurer Barrett.

Motion carried: 5 approved, 0 opposed, 0 abstained, 0 absent.

MINUTES

MOTION: To Approve the Minutes of the May 31st, 2023, Business Committee Meeting. Motion was made by 2nd Council Daugherty with second by Treasurer Barrett.

Motion carried: 5 approved, 0 opposed, 0 abstained, 0 absent.

MOTION: To Take the Agenda Out of Order. The motion was made by Treasurer Barrett with second by 1st Council Kissee.

Motion carried: 5 approved, 0 opposed, 0 abstained, 0 absent.

PRESENTATION: Totem presentation by Amber Bucher, Founder and CEO. Totem is the only digital bank founded by and for Indigenous People.

MOTION: To Return the Agenda to the Original Order. The motion was made by Treasurer Barrett with second by 1st Council Kissee.

Motion carried: 5 approved, 0 opposed, 0 abstained, 0 absent. REPORTS: CHIEF'S REPORT: Thank you – None presented.

Donation Requests – Baster Springs Police Public Works – Sheldon Bales

MOTION: To Approve request from Baxter Springs Police Department for a retired Ford F-150 pick-up truck. The motion was made by 2nd Council Daugherty with second by 1st Council Kissee.

Motion carried: 4 approved (Kissee, Daugherty, Kraus, Littlefield), 0 opposed, 0 abstained, 1 absent (Barrett). Director's Reports – provided to the Business Committee.

WORLD HERITAGE NOMINATION – The Eastern Shawnee Tribe is the sponsoring tribe for this. There are eight mounds in Ohio that are to be preserved and to be nominated for World Heritage Status. Chief Wallace has worked on this for 15 years with Ohio History Connections. This nomination will be voted on formally in September in Saudi Arabia. The dates are Sept. 10th – 25th. Chief Wallace will be attending, and the cost will be paid by Ohio History Connection.

ICAMOS – US will begin paying its dues.

OHIO NATIVE CEMETERY – The State of Ohio has set aside a site where the remains of Indigenous People that were there years ago can be buried in Ohio. This will be a cemetery that is protected and will be well cared for. This has passed through the House and must go through the Senate, and this must be done by June 30th.

SERPENT MOUNT is not included in the World Heritage Nomination. The reason is because it is a different date than the other eight. Serpent Mound will be nominated when the other eight have been formally designated World Heritage. Summer Solstice is June 21st. Chief Wallace will be there handing out programs.

NCAI – National Council of American Indians. Chief Wallace attended last week.

GRANTS – The HUD Grant written for the Wellness Center was not approved.

With a minor adjustment the grant can be resubmitted and will probably be approved. An ICW Grant was also awarded after submission by grant writers - Tribal Maternal, Infant and Early Childhood Home Visiting Program. This is a 15-month grant for \$405,000.00. This grant was also increased by \$20,000.00 more than we had asked for to add a consultant for data collection and analysis of needs assessment and activities. Will be effective July 1st.

SPLASH PAD – We had our soft opening for the children in the Early Childhood Learning Center on Monday, June 12th. The Grand Opening will be on July 15th if everything is completed. The Splash Pad is only for the ECLC until 3:00 p.m. each day and after 3:00 p.m. Monday - Friday it will be open to the general public.

REVIEW OF PROGRAMS AVAIL-ABLE –

Affordable Connectivity Program – Internet bill

Lifeline – program to connect both internet and phone

Rental Assistance

Homeowner Assistance

Medical & Utility Assistance

Elders Benefits

Hip program – apply in September OSAGE BALLET – Saturday, July 29th, at 3:00 p.m. at Fort Scott, Kansas. Tickets are available for \$26.00. We will be taking9 cars or a bus for those interested in going.

HOLIDAY CLOSINGS – June 19th for Juneteenth and Monday and Tuesday July 3rd & 4th.

SUMMER YOUTH – This program needs to be rejuvenated. Only two youth applied this summer. The hourly rate of pay is \$13.00/hr.

WOODLANDS, rock, sod, posts – the rocks have been picked up, sod is to be laid and the posts will be refinished.

AOA HAPPENINGS – the first breakfast will be served Thursday June 22nd from 9-10:30. Whitney Morgan wrote an application for an award for the AOA based upon their participation and host-

ing Car Bingo and they won the National Award.

EDUCATION BANQUET - The first ever banquet will be scheduled in August and details and date will be announced later. This will be for students in 9th grade and up and for those who participated anytime who used the college programs and the funds that we have for scholarships.

105 (L) LEASING PROGRAM - A new program that we have applied and been approved for. This is a self-governance program and IHS (Indian Health Service). For things that fall under these categories those agencies are required to pay us rent for the floor space. (Example -everything in the Wellness Center would fall under HIS so we will be receiving rent for that space.)

INDIGO SKY SPECIAL EVENTS RATE FOR TRIBAL CITIZENS (Children's Culture Camp, Children's Pow-Wow, General Council and Annual Fall PowWow - September 15-17 @\$78.75 per night. You will need to use a special code that will be put in the Shooting Star.

GAMING COMMISSION - Jalene Wells, Gaming Commissioner. Reporting for the month of April and May

2023. Employees - Current 2023 40 Total Employees: 8 Tribal Members, 1 Tribal Spouse, 6 Native, 22.50 % ES-TOO Tribe, 37.50% Native Americans. Licensing for April/May 2023 Renewals - 17/29 New Hires - 16/32 Temp Help – 8/18 0 Denials, 3 Suspension, 3 Revocations Conditional Employee Licenses Monitored -5Non-Gaming Companies - 5/13 Non-Gaming Vendor Employees -19/37 Gaming Companies -2/1Gaming Vendor Fees Collected -\$12,500/\$9,250 (\$21,750)

Non-Gaming Vendor Fees Collected -\$1,450/\$3,300 (\$4,750)

Employee Licensing Fees Collected -\$7,100, \$5,000 (\$12,100) Total Fees Collected \$38,600 (YTD \$162,555) EGM – April/May New Machine Installs - 19/0 Machines Removed - 18/2 Machine Software/Theme Conversions -9/8Software Upgrades - 11/1 Software Replacements -5/2Gaming Machine relocations - 19/0 Server Installs/Upgrades - 3/5 Single pieces of software tested -185/117 Seal Activities - 121/229 Machine Fees Billed - \$4,475/\$2125 (YTD \$101,100) Machine Fees Collected -\$4,475/\$1,600 (YTD \$100,575) Audit Observations and Reports -April/May 2023 Cage -0/2EGM - 0/0EGM Activity Assists - 0 Jackpot - 0/0 Players Club - 0/2Exchanges - 0/0 Table Inventory -0/2Table Fill -0/2Table Credit - 0/0 Title 31 Inquiries – 0/0 Reviewing documents for the Bi-Annual Internal Audit Performed P&P review to the new ESTGC Regulations

Surveillance for April/May 2023

| Indigo Sky | Outpost | Combined |
|-------------|--|---|
| 2521/2436 | 204/176 | 2725/2612 |
| 688/800 | 79/81 | 767/881 |
| 14411/14758 | 3374/3476 | 17758 |
| 94/95 | 21/14 | 115/109 |
| 39/37 | 7/10 | 46/47 |
| 4/10 | 4/4 | 8/14 |
| 56/42 | 5/4 | 61/46 |
| | | |
| 42/26 | 4/4 | 46/30 |
| 1/5 | 0/0 | 1/5 |
| 9/8 | 2/3 | 11/11 |
| | 2521/2436 688/800 14411/14758 94/95 39/37 4/10 56/42 42/26 1/5 | 2521/2436 204/176 688/800 79/81 14411/14758 3374/3476 94/95 21/14 39/37 7/10 4/10 4/4 56/42 5/4 42/26 4/4 1/5 0/0 |

Surveillance for April/May 2023 **RESOLUTIONS:**

RESOLUTION NUMBER 061423-R-01 A Resolution Authorizing Sweep Accounts for the Eastern Shawnee Tribe of Oklahoma Tribal Administration Accounts at People's Bank of Seneca

NOW THEREFORE BE IT RE-SOLVED, that the Business Committee of the Eastern Shawnee Tribe of Oklahoma does hereby authorize Chief Financial Officer Karen Allen to adjust Eastern Shawnee Tribe of Oklahoma Tribal Administration accounts at People's Bank of Seneca to Sweep Accounts at her discretion.

BEE IT FURTHER RESOLVED, that the Business Committee of the Eastern Shawnee Tribe of Oklahoma hereby gives the authorized signers of the Eastern Shawnee Tribe of Oklahoma Tribal Administration accounts with People's Bank of Seneca the authority to execute necessary user agreements to establish sweep accounts.

MOTION: To Approve Resolution Number 061423-R-01. The motion was made by 1st Council Kissee with second by Treasurer Barrett.

Motion carried: 5 approved, 0 opposed, 0 abstained, 0 absent.

RESOLUTION NUMBER 061423-R-02 A Resolution updating authorized signatures for Indian Preference Forms NOW THEREFRORE BE IT RE-

SOLVED, that the Business Committee of the Eastern Shawnee Tribe of Oklahoma does hereby authorize the following persons to sign Indian Preference forms:

Glenna J. Wallace – Chief

Chris Samples – Second Chief

Justin Barrett – Treasurer

Debbie Littlefield – Secretary

Jana Johnson – Director of Social Services/Vital Statistics

MOTION: To Approve Resolution 061423-R-02. The motion was made by 2nd Council Daugherty with second by 3rd Council Kraus.

Motion carried: 5 approved, 0 opposed, 0 abstained, 0 absent.

RESOLUTUION NUMBER 061423-R-03 Resolution supporting submission of the Tribal Accelerator Fund-GRID Alternatives-Solar Planning Grant funding application

NOW THEREFORE BE IT RE-SOLVED, that the Business Committee of the Eastern Shawnee Tribe of Oklahoma does hereby agree and support submission of the Tribal Accelerator Fund-GRID Alternatives-Solar Planning Grant funding application of \$36,060.00.

MOTION: To Approve Resolution 061423-R-03. The motion was made by Treasurer Barrett with second by 2nd Council Daugherty.

Motion carried: 5 approved, 0 opposed, 0 abstained, 0 absent.

MOTION: To Add Resolution Number 061423-R-04 to the Agenda. The motion was made by Treasurer Barrett with second by 1st Council Kissee.

Motion carried: 5 approved, 0 opposed, 0 abstained, 0 absent.

RESOLUTION NUMBER 061423-R-04 Resolution supporting submission of the US DOT Tribal High Priority Project funding application.

NOW THEREFORE BE IT RE-SOLVED, that the Business Committee of the Eastern Shawnee Tribe of Oklahoma does hereby agree and support submission of the US DOT Tribal High Priority Project Grant funding application of \$500,000.

MOTION: To Approve Resolution Number 061423-R-04. The motion was made by Treasurer Barrett with

second by 2nd Council Daugherty. Motion carried: 5 approved, 0 opposed,

0 abstained, 0 absent.

REQUISITIONS:

Requisition EN-97570 payable to Cowin Construction LLC in the amount of \$313,034.40 for Draw #2 on roof repairs.

MOTION: To Approve Requisition EN-97570. The motion was made by 2nd Council Daugherty with second by 1st Council Kissee.

Motion carried: 5 approved, 0 opposed, 0 abstained, 0 absent.

Requisition EN-97732 payable to Holcomb Construction LLC in the amount of

\$65,793.71 for Invoice 051723-03 Service Road Lost Creek to 701 Road.

MOTION: To Approve Requisition EN-97732. The motion was made by 2nd Council Daugherty with second by 1st Council Kissee.

Motion carried: 5 approved, 0 opposed, 0 abstained, 0 absent.

Requisition EN-97733 payable to Holcomb Construction LLC in the amount of \$58,500.00 for Invoice 051723-02 Cemetery Parking Lot.

MOTION: To Approve Requisition EN-97733. The motion was made by 1st Council Kissee with second by Treasurer Barrett.

Motion carried: 5 approved, 0 opposed, 0 abstained, 0 absent.

Requisition EN-97734 payable to Holcomb Construction LLC in the amount of \$72,780.71 for Invoice 060223-06 Cemetery Road.

MOTION: To Approve Requisition EN-97734. The motion was made by 2nd Council Daugherty with second by 1st Council Kissee.

Motion carried: 5 approved, 0 opposed, 0 abstained, 0 absent.

Purchase Order Number PR00061822 from Indigo Sky Casino in the amount of \$41,224.00 for Labor Installation of Carpet.

MOTION: To Approve Purchase Order Number PR00061822. The motion was made by 2nd Council Daugherty with second by Treasurer Barrett.

Motion carried: 5 approved, 0 opposed, 0 abstained, 0 absent.

Purchase Order Number PR00061862 from Indigo Sky Casino in the amount of \$168,698.93 for Renewal VM Annual ELA License.

MOTION: To Approve Purchase Order Number PR00061862. The motion was made by 2nd Council Daugherty with second by 3rd Council Kraus.

Motion carried: 5 approved, 0 opposed, 0 abstained, 0 absent.

NEW BUSINESS:

Slide presentation on the new government building shown to tribal members. OLD BUSINESS:

MOTION: To go into Closed Session at 8:09 p.m. following a five-minute break. Motion made by 2nd Council Daugherty with second by Treasurer Barrett.

Motion carried: 5 approved, 0 opposed, 0 abstained, 0 absent.

CLOSED SESSION

OPEN SESSION

MOTION: To return to Open Session at 11:01 p.m. The motion was made by 1st Council Kissee with second by Treasurer Barrett.

Motion carried: 5 approved, 0 opposed, 0 abstained, 0 absent.

MOTION: To Approve REDW salary recommendations to bring salaries to minimum/recommended starting rate effective 7/16/23 for the Casino's. The motion was made by Treasurer Barrett with second by Secretary Littlefield. Motion carried: 5 approved, 0 opposed,

0 abstained, 0 absent.

MOTION: To Approve the TBE Architects proposal for professional services and authorizing the General Manager to sign. The motion was made by Treasurer Barrett with second by 2nd Council Daugherty.

Motion carried: 5 approved, 0 opposed, 0 abstained, 0 absent.

MOTION: To handle grievance as discussed. The motion was made by Treasurer Barrett with second by 1st Council Kissee.

Motion carried: 4 approved (Kissee, Daugherty, Barrett, Littlefield), 0 opposed, 1 abstained (Kraus), 0 absent. MOTION: To authorize personnel action as discussed. The motion was made by Treasurer Barrett with second by 1st Council Kissee.

Motion carried: 5 approved, 0 opposed, 0 abstained, 0 absent.

MOTION: To adjourn at 11:03 p.m. The motion was made by 3rd Council Kraus with second by 2nd Council Daugherty.

Motion carried: 5 approved, 0 opposed, 0 abstained, 0 absent. ADJOURN

DATE: Wednesday, June 28th, 2023 TIME: 5:30 p.m.

LOCATION: Indigo Sky Casino – Mahogany Meeting Room

INVOCATION: Chief Wallace

CALL TO ORDER, ROLL CALL, DECLARATION OF QUORUM

The Business Committee Meeting was called to order at 5:41 p.m. by 2nd Chief Samples with the following answering roll call: 1st Council Kissee, 2nd Council Daugherty, 3rd Council Kraus, Secretary Littlefield. Treasurer Barret was absent. Chief Wallace was present. A Quorum was declared by 2nd Chief Samples.

NEW ENROLLEES: None Presented MINUTES: To Approve the June 14th, 2023, Business Committee Meeting Minutes.

The motion was made by 1st Council Kissee with second by 3rd Council Kraus.

Motion carried: 4 approved (Kissee, Daugherty, Kraus, Littlefield), 0 opposed, 0 abstained, 1 absent (Barrett). REPORTS:

CASINO REPORT – Melanie Heskett, General Manager Indigo Sky Casino. Reporting for the month of May 2023.

| Indigo Sky Casino | o: Revenue up 14% |
|-------------------|---------------------|
| | Expenses down 1% |
| Outpost Casino: | Revenue up 11% |
| | Expenses down 4% |
| Comparison - Ac | tual Budget/Year to |
| Date | |
| Indigo Sky: | Revenue up 11% |
| | Expenses down 3 % |
| Outpost Casino | Revenue down 8% |

Expenses down 7%

RESOLUTIONS:

RESOLUTION NUMBER 062823-R-01 Resolution supporting submission of an application for federal funding through the Federal Highway Administration to the Tribal Transportation Program-Bridge Program for Construction Funding of a new bridge on EW 110 Road

NOW THEREFORE BE IT RE-SOLVED, that the Business Committee of the Eastern Shawnee Tribe of Oklahoma does hereby agree and support submission of the Federal Highway Administration funding application for the Tribal Transportation Program of \$1,000,000.00 with a match of \$200,000.00 from the Tribal Transportation Program fund.

MOTION: To Approve Resolution Number 062823-R-01. The motion was made by Secretary Littlefield with second by 3rd Council Kraus.

Motion carried: 4 approved (Kissee, Daugherty, Kraus, Littlefield), 0 opposed, 0 abstained, 1 absent (Barrett). RESOLUTION NUMBER 062823-R-02 Approving the Attached Residential Lease of Property Owned by the Eastern Shawnee Tribe of Oklahoma Commonly Known as the Rickner House NOW THEREFORE, BE IT RE-SOLVED the Property Management

SOLVED the Property Management Department of the Eastern Shawnee Tribe of Oklahoma is authorized to conduct negotiations on behalf of the Eastern Shawnee Tribe of Oklahoma and approve and execute any and all documents relating to the subject lease. BE IT FINALLY RESOLVED, that the Business Committee of the Eastern Shawnee Tribe of Oklahoma does hereby wish to approve the attached Residential Lease of property owned by the Eastern Shawnee Tribe of Oklahoma located at 11990 S. 670 Rd., Wyandotte, OK 74370, commonly known as the Rickner House for a period of one (1) year with lease number 921 000G040043 under the Eastern Shawnee Tribe of Oklahoma Residential Leasing Act approved by the Department of Interior January 24, 2022, does hereby waive all bonds associated with this lease; does hereby waive insurance requirements; does hereby expressly waive administrative fees associated with this transaction; and does hereby approve environmental analysis documentation in the form of a categorical exclusion.

MOTION: To Approve Resolution Number 062823-R-02. The motion was made by 2nd Council Daugherty with second by 1st Council Kissee.

Motion carried: 4 approved (Kissee, Daugherty, Kraus, Littlefield), 0 opposed, abstained, 1 absent (Barrett).

MOTION TO ADD Resolution Numbers 062823-R-03 and 062823-R-04 to the agenda. The motion was made by 2nd Council Daugherty with second by 1st Council Kissee.

Motion carried: 4 approved (Kissee, Daugherty, Kraus, Littlefield), 0 opposed, 0 abstained, 1 absent (Barrett).

RESOLUTION NUMBER 062823-R-03 Resolution to approve the Eastern Shawnee Tribe Tribal Natural Disaster Assistance Program Policies and Procedures

NOW THEREFORE BE IT RE-SOLVED, that the Business Committee of the Eastern Shawnee Tribe of Oklahoma does hereby wish to approve the attached Eastern Shawnee Tribe Tribal Natural Disaster Assistance Program policies and Procedures.

MOTION: To Approve Resolution 062823-R-03. The motion was made by 1st Council Kissee with second by 3rd Council Kraus.

Motion carried: 4 approved (Kissee, Daugherty, Kraus, Littlefield), 0 op-

posed, 0 abstained, 1 absent (Barrett). **RESOLUTION NUMBER 062823-R-**04 Resolution to Amend the Eastern Shawnee Tribe Tribal Hardship Assistance Program Policies and Procedures NOW THEREFORE BE IT RE-SOLVED, that the Business Committee of the Eastern Shawnee Tribe of Oklahoma does hereby wish to amend the Eastern

Shawnee Tribal Hardship Assistance Program Policies and Procedures. The amendment removes Natural Disasters as a qualifying event as a new program has been established specifically for Natural Disaster.

MOTION: To Approve Resolution 062823-R-04. The motion was made by 2nd Council Daugherty with second by Secretary Littlefield.

Motion carried: 4 approved (Kissee, Daugherty, Kraus, Littlefield), 0 opposed, 0 abstained, 1 absent (Barrett). **REQUISITIONS:**

Requisition EN-97774 payable to Branco Enterprises, Inc. in the amount of \$399,757.00 for Pay Application No. 4 ECLC Splash Pad.

MOTION: To Approve Requisition EN-97774. The motion was made by 2nd Council Daugherty with second by 3rd Council Kraus

Motion carried: 4 approved (Kissee, Daugherty, Kraus, Littlefield), 0 opposed, 0 abstained, 1 absent (Barrett). Requisition Number EN-97994 payable to Marion Company LLC for Pay Application Number 16 in the amount of \$186,074.66.

MOTION: To Approve Requisition EN-97994. The motion was made by 1st Council Kissee with second by 3rd Council Kraus.

Motion carried: 4 approved (Kissee, Daugherty, Kraus, Littlefield), 0 opposed, 0 abstained, 1 absent (Barrett). Requisition Number EN-98092 payable to Connect Construction Services for Pay Application Number 3 Travel Store Remodel in the amount of

\$224,914.02.

MOTION: To Approve Requisition

EN-98092. The motion was made by 3rd Council Kraus with second by 1st Council Kissee.

Motion carried: 4 approved (Kissee, Daugherty, Kraus, Littlefield), 0 opposed, abstained, 1 absent (Barrett). Requisition Number EN-98093 payable to Connections IT Inc. for Licenses and Genetec Support in the amount of \$106,740.50.

MOTION: To Approve Requisition EN-98093. The motion was made by Secretary Littlefield with second by 1st Council Kissee.

Motion carried: 4 approved (Kissee, Daugherty, Kraus, Littlefield), 0 opposed, 0 abstained, 1 absent (Barrett). Requisition Number EN-98101 payable to Butler, Rosenbury & Partners, Inc. for Government Building Architectural Services in the amount of \$46,061.25.

MOTION: To Approve Requisition EN-98101. The motion was made by 1st Council Kissee with second by 2nd Council Daugherty.

Motion carried: 4 approved (Kissee, Daugherty, Kraus, Littlefield), 0 opposed, 0 abstained, 1 absent (Barrett).

Purchase Order Request 00061793 from Indigo Sky Casino for Outpost Casino Lighting Upgrade in the amount of \$35,230.56.

MOTION: To Approve Purchase Order Request 00061793. The motion was made by 2nd Council Daugherty with second by 1st Council Kissee.

Motion carried: 4 approved (Kissee, Daugherty, Kraus, Littlefield), 0 opposed, 0 abstained, 1 absent (Barrett). Purchase Order Request 00061939 from Indigo Sky Casino for HVAC Replacement and Labor in the amount of \$46,250.00.

MOTION: To Approve Purchase Order Request 00061939. The motion was made by 2nd Council Daugherty with second by 3rd Council Kraus.

Motion carried: 4 approved (Kissee, Daugherty, Kraus, Littlefield), 0 opposed, 0 abstained, 1 absent (Barrett). Purchase Order Request 00062070

from Indigo Sky Casino for renewal

Impivita Enterprise Access License Year in the amount of \$33,347.28.

MOTION: To Approve Purchase Order Request 00062070. The motion was made by 3rd Council Kraus with second by 2nd Council Daugherty.

Motion carried: 4 approved (Kissee, Daugherty, Kraus, Littlefield), 0 opposed, 0 abstained, 1 absent (Barrett). NEW BUSINESS - Tribal Member Bud Envart presented request and information on placement of cemetery markers for unmarked graves of tribal members. 2nd Chief Samples requested more information and time to look into the request. Mr. Envart also made a request allowing tribal members to look at financial records.

Tribal Member Joanie Wallace made the following requests. Agenda to be placed on the web site. This will be taken care of by the new Public Relations Director. Requested information on Woodland's Management. Following an explanation, tribal members were directed to view last year's General Council meeting online where Treasurer Barrett gave a slide presentation on the different Woodlands groups. Decreased use of acronyms was also requested during BC meetings as this is confusing to tribal members.

OLD BUSINESS - None presented MOTION: To go into closed session at 6:47 p.m. following a ten-minute break. Motion made by 1st Council Kissee with second by 2nd Council Daugherty. Motion carried: 4 approved (Kissee, Daugherty, Kraus, Littlefield), 0 opposed, 0 abstained, 1 absent (Barrett). CLOSED SESSION

MOTION: To return to Open Session at 9:41 p.m. The motion was made by 2nd Council Daugherty with second by 3rd Council Kraus.

Motion carried: 4 approved (Kissee, Daugherty, Kraus, Littlefield), 0 opposed, 0 abstained, 1 absent (Barrett). **OPEN SESSION**

MOTION: Authorizing Chief Glenna Wallace to sign the client Authorization to Bind Insurance Coverage. The mo-

tion was made by 2nd Council Daugherty with second by 1st Council Kissee. Motion carried: 4 approved (Kissee, Daugherty, Kraus, Littlefield), 0 opposed, 0 abstained, 1 absent (Barrett). MOTION: To engage Connect Services to do evaluation on Bordertown. The motion was made by 2nd Council Daugherty with second by 1st Council Kissee. Motion carried: 4 approved (Kissee, Daugherty, Kraus, Littlefield), 0 opposed, 0 abstained, 1 absent (Barrett). REQUISITION NUMBER EN-98074 payable to John Enyart to purchase cattle in the amount of \$78,500.00. MOTION: To approve Requisition Number EN-98074. The motion was made by 1st Council Kissee with second by 2nd Council Daugherty. Motion carried: 4 approved (Kissee,

Daugherty, Kraus, Littlefield), 0 opposed, 0 abstained, 1 absent (Barrett). MOTION: To adjourn at p.m.9:43 p.m. The motion was made by 3rd Council Kraus with second by 2nd Council Daugherty.

Motion carried: 4 approved (Kissee, Daugherty, Kraus, Littlefield), 0 opposed, 0 abstained, 1 absent (Barrett). ADJOURN

CHIEF'S REPORT

Continued from page 2

Friday, August 11 beginning at 6 p.m. the event will be held either behind BlueJacket Building or in the Annex, depending upon the weather. Cooking for this event will be Susan Patterson and other members of her Brock family. Feel free to bring a dessert or covered dish and plan on relaxing, eating, visiting, listening to music, and enjoying an uplifting evening. Everyone is welcome and encouraged to participate.

Then of course comes September and our powwow which essentially lasts 5 days, Thursday through Monday. Thursday night is Shawnee Night sponsored by the Cultural Preservation Department where there will be eating and early evening stomp dancing. Shawnee Night will be held on our 10C Complex at our Outdoor Learning Center and Sacred Circle which lies next to our newly developed Ohio River Valley Splash Pad of our Early Childhood Learning Center. Monday will be our Annual History Summit, again sponsored by the Cultural Preservation Department. And remember, if planning to stay at Indigo Sky, special rates are available. Dates for Thursday through Monday are September 14-18.

Reluctantly we say a fond farewell and best wishes for the future to Stacie Frieze who has been our Early Childhood Learning Center Director for several years. Our ECLC is now in its seventh year of operation. We began

the program in 2016 opening our doors to twenty children, ages twelve weeks to five years of age. Now, seven years later, we serve anywhere from 110 to 140 children with ages ranging from six weeks in age to twelve years old. We have four different programs: ages six weeks to five years of age Monday through Friday, early morning program catering to students ages six through twelve Monday through Friday, after school program catering to students ages six through twelve and then a summer program for students ages six through twelve. Stacie has worked in all those areas while continuing to earn her master's degree in Special Education. Now the mother of two children and living in Joplin, she finds being responsible for a staff of approximately 35 and a twelve hour a day schedule plus commuting prevents her from participating in some of her own children's activities. Thus Stacie has accepted a teaching position in Joplin. We certainly understand and feel fortunate to have kept Stacie at the helm of our Early Childhood Learning Center as long as we have. Again, a reluctant fond farewell to Stacie.

And now meet Tonya Hart who will step into Stacie's shoes. A graduate of Wyandotte High School with Bachelor and Masters Degrees from Pittsburg State University, Tonya has twenty years teaching and leadership experience. Our Early Childhood Learning Center will be in good hands.

Two other of our employees, Stacie Triplett and Paul Barton have had excit-

ing opportunities opened for them and are leaving to take advantage of them. Stacie has been going to college, majoring in Social Work and now has the opportunity to work in her chosen field at Will's Place in Joplin. Will's Place is named in memory of an outstanding young man who was killed in the horrific Joplin tornado several years ago. What an opportunity for her. And Paul has the opportunity to work for his tribe in Land Management. Paul came to us from his tribe, the Seneca Cayuga, and now he has the unique opportunity to return there. We are happy for both of them and wish them well.

Other exciting news is now officially confirmed and that is that grant writer Brian Peery landed that grant that ICW has been wanting, needing for so long. And he landed it in a big way, a 15 month grant amounting to \$405,000 with Year 1 starting July 1, 2023, ending on September 29, 2024. The Grant is The Home Visitation Grant of the Administration for Children and Families (ACF) and focuses on home visitation with parents and children as a means to assist in the physical, social and mental development of healthy children. Two new employees will be hired to assist with this grant. It's more than toe tapping time in ICW, they are foot stomping! Hear the roar. The funding agency even awarded them \$20,000 more than they requested. Congratulations to our grant writer Brian and to our ICW team Tammy and Karen.

We had Grand Opening of our Ohio River Valley Splash Pad Monday, July

17. What a glorious day. A Joplin Globe article and a Neosho News Dispatch article covering this opening appears elsewhere in this newsletter. Be sure to read them. They make different points in their coverage. We had so many people who helped in making our Splash Pad a reality. However, two in particular stand out: Dian Randall and Marty Mailes. Dian is the Director of our CCDF Program that funded much of this development and Marty is Branco's Construction Project Manager who stayed on top of this project. We honored both by gifting them and wrapping them in a blanket. Thanks also to our Tribal Summer Youth-Cyrus and Damien Brock along with Hailey Green and Tianna Patterson-- who did the honors. To say that we are proud of our Splash Pad and all of them is an understatement.

I have saved the best news for the last. Creation of our Splash Pad was an exciting but expensive undertaking. Far more excavation, dirt fill, and use of expensive heavy equipment occurred than was predicted. Then we connected our Outdoor Learning Center with the Splash Pad, built ADA compliant sidewalks connecting everything to our Elders Complex and our Police Station, plus adding a second playground complete with a sound garden and of course outdoor bathrooms. Total cost exceeds 3 million. Our CCDF program contributed almost 2 million with the remainder to come from ARPA funds. After close of business on Friday, July 21, I was working in the office and received the following information:

Dear Chief Glenna Wallace,

CONGRATULATIONS!

On behalf of the Shakopee Mde-Sioux wakanton Community (SMSC), the SMSC **Business** Council is pleased to inform you that a FY2023 Grant to the Eastern Shawnee Nation of Oklahoma has been approved for the Early Childhood Learning Center Expansion, in the amount of \$712,940. Sharing is fundamental to our Dakota culture, and we are happy to make contributions that improve the lives of others across the country.

Sincerely, SMSC Business Council

I was overwhelmed and so thankful when I read this email. Congratulations again to grant writer Brian Peery for this amazing accomplishment. That's now \$712,940 ARPA dollars that can now be spent elsewhere.

As always, it has been my honor to serve as your Chief. If I can ever be of assistance, please do not hesitate to contact me. I may be reached by mail at 12755 S. 705 Road, Wyandotte, OK 74370, email at gjwallace@estoo.net I do not do face book nor linked in. I may also be reached at the following telephone numbers: Office (918) 238-5151 ext. 1820; cell, (918) 533-8422 or by text. My personal mailing address is 18675 Hwy 43, Seneca, MO, 64865. Stay safe. Stay healthy. Stay optimistic.

Walk in balance. Remember, walk in balance!

Chief Glenna

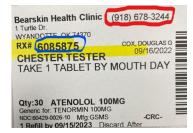


BEARSKIN HEALTCARE PHARMACY

Dear Bearskin Healthcare Pharmacy Clients, To help us to better serve you, please call in refill requests by utilizing the automated refill system. It's really simple and goes a long way towards making our Pharmacy have a more efficient workflow.

- <u>Dial 918-678-3244</u>. It can be found in the upper right hand portion of your prescription label. (It is circled in red in the example below.) Have your prescription bottle handy.
- 2. Follow the voice instructions given.
- 3. **Press 1** to refill a prescription.
- 4. Enter your prescription number. PLEASE USE THE MOST RECENT PRESCRIPTION BOTTLE as it will have the most recent prescription number!

The prescription number is located just above your name on the label. This number and your name are both highlighted in yellow. It is circled in blue in the example attached.



- 5. The system will ask you to confirm the first three letters of the last name on the prescription. **Press 1 if it is correct.**
- 6. If you need to enter another prescription, press 1, if not press 2.
- 7. That's it! Pretty simple.
 - Please keep in mind that refills called in during business hours will be ready the following business day after 1pm.

HAVEN PROGRAM

Office Hours: 8:30 am – 4:30 pm Monday – Friday

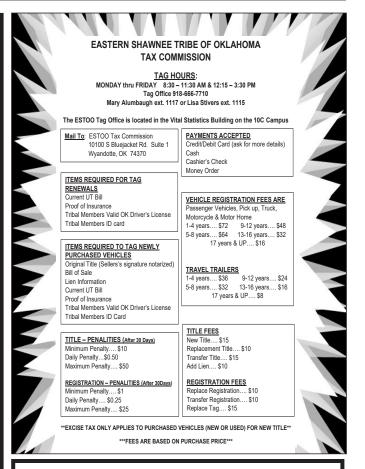
HAVEN Does NOT provide 24- hour service.

After hours please call: StrongHearts Native Helpline https://strongheartshelpline 1-844-762-8483 (call or text)

Community Crisis Center, Miami, OK 1-800-400-0883

StrongHearts and Community Crisis Center have 24 hour service

HAVEN is a tribal advocacy program offering support for all victims of crime, specifically domestic violence, sexual assault, and human trafficking. We serve all ESTOO tribal members REGARDLESS of where they live and local community members within Ottawa County and the cities of Vinita, Jay, Grove OK and Seneca, MO. Please call the HAVEN office during business hours for more information. (918) 554-2836



REFILLS BY MAIL

As of October 17, 2022, Medication Refills will be available by mail for *most* chronic medications. We are pleased to offer this service as a way for our patients to save time and money.

New prescriptions will not be mailed. These must be picked-up at the clinic.

How do I get started with Refills by Mail?

- <u>Enrollment</u> must be made in person at Bearskin Healthcare Pharmacy. A form will be available for each patient to register for refills by mail. Patients under the age of 18, must have a parent/guardian signature.
- To request refills, call the <u>Automated Refill Line: 918-678-3244. This is the number</u> on your prescription label. If you get a message that says your prescriptions are on "HOLD" or "there are no refills remaining" the Pharmacy will get these messages and process them accordingly. If you are told by the automated system that it is too early to refill your medications, call back 7 days prior to running out of meds.
- <u>ALWAYS UPDATE</u> your current address and telephone number with Registration AND the Pharmacy. If packages are returned due to incorrect addresses you will be disenrolled from the Refill by Mail program.
- 4. You may call in to request refills up to 7 days early to allow time for processing and mailing. NOTIFY THE PHARMACY if you have not received your meds within 7 days, otherwise non-notification will be accepted as confirmation of medication delivery.
- <u>Controlled medications</u> (Tylenol with Codeine, clonazepam, tramadol, Lyrica, butalbital products, diphenoxylate/atropine, testosterone injection/gel, Provigil, and others) will not be eligible for refills by mail.
- 6. <u>CHECK your mail regularly</u> on the days following your requests to help prevent loss and exposure to the elements. If you have several medications you may receive more than one package. If you repeatedly have medications which come up missing we may disenroll you from the RBM program.
- 7. <u>PLEASE CONSOLIDATE</u> refill requests as much as possible to help keep postage costs down.

The pharmacy reserves the right to dismiss any patient from the program as necessary. Reasons for dismissal include but are not limited to; returned deliveries, missed or denied receipt of medications, chronic early refill requests, failure to keep scheduled appointments, etc.

Eastern Shawnee Tribe Tribal Citizens Birthdays for August 2023

Allen Troy 8/21 Amos Jared 8/19 Ankeny Jr Jeffery 8/6 Anzora Alina 8/26 Ascencio Elijah 8/13 Atkinson Carter 8/2 Atkinson Rorev 8/18 Austin Brenton 8/4 Austin Brynnen 8/25 Azevedo Jameson 8/22 Bailey Terry 8/20 Baker Ellena 8/31 Bales Jaycee 8/21 Bales Wade 8/8 Ballard Tialeesa 8/19 Balls Luke 8/20 Balun Adam 8/26 Barrett Aylin 8/4 Barrett Leela 8/16 Beach Aislin 8/20 Bear Richard 8/12 Bear Bamburg Susan 8/23 Beaty Jack 8/19 Beaty Ty 8/25 Belcher Sophia 8/16 Bell Dakota 8/7 Bennett Dustyn 8/3 Bertalot Timothy 8/9 Betts Natalie 8/28 Bingham Benjamin 8/7 Bishop Carrie 8/29 BlueJacket-Blackhawk Robert 8/18 Boatright Karey 8/25 Boatright Maysin 8/25 Boatright Paige 8/15 Bolte Mark 8/1 Boswell Kaycie 8/19 Bower Zella 8/24 Bradley Dennis 8/30 Breesman Debra 8/15 Bristol Aaron 8/24 Bristol Bryce 8/24 Bristol Dylan 8/17 Bristol Jeffery 8/1 Bristol Mackenzie 8/28 Broach Cody 8/29 Brock Gary 8/25 Brock Jr Johnnie 8/16 Brooks Havley 8/12 Brown Kyle 8/22 Bruhn Sallv 8/8 Budynas Eileena 8/23 Budynas Joshua 8/9 Bullette Andrew 8/19 Bunce Donna 8/9 Butcher Danielle 8/3 Canton Brady 8/31 Capps Peyton 8/14 Captain Shannon 8/18 Carr Jill 8/24 Carr Rush 8/21 Case McKenna 8/5 Casey Jessie 8/11 Chamberlain Jedidiah 8/19 Channick Owen 8/20 Charlton Baylie 8/1 Christian Mary 8/14 Clark Darian 8/31 Clark Tamera 8/11 Click Christofer 8/2 Clouse Jeremy 8/9 Coffey Christopher 8/21 Collins Remington 8/6 Colvard Heather 8/13 Colvard Kylie 8/9 Corkrum Zander 8/27 Cowell Lincoln 8/20

Crain Gerald 8/21 Crain Jeffery 8/8 Crain Mana 8/31 Crain Mitchell 8/16 Crain Owen 8/21 Crain Russell 8/22 Culler Brody 8/20 Cunliffe Brittani 8/25 Cunningham Betty 8/10 Daggs Kae'ona 8/20 Daugherty Sovanna 8/10 Daugherty Jr John 8/7 Davis Ashley 8/18 Davis Liberty 8/13 Davis Wyatt 8/22 Dav Azriel 8/2 Day Ethesias 8/11 Day, IV Earnest 8/2 DeClue Caitlin 8/24 Del Bel Ava 8/27 Devine II William 8/2 Diaz Lori 8/20 Dirkx Elizabeth 8/18 Dixon Audrey 8/8 Dixon Destrie 8/4 Dixon James 8/25 Dixon Steven 8/12 Dixon Zoë 8/4 Dobson Anne 8/30 Dobson Matthew 8/17 Dobson Preston 8/2 Doliner Allison 8/1 Duckett Brian 8/10 Duroy-Fetters Ashley 8/31 Dushane Kristopher 8/28 Eledge Grace 8/3 Envart Buddie 8/8 Envart Joshua 8/9 Envart Nathaniel 8/4 Ervin Chance 8/27 Fair Harper 8/15 Fields Michael 8/14 Fisher Danika 8/2 Fordham Olivia 8/15 Foster Kaden 8/18 Francis Luke 8/26 Francis Rhys 8/14 Frankel Joel 8/20 Freeman Finley 8/30 Funke Jennifer 8/6 Funke Jude 8/31 Garabedian-Prophet Maxwell 8/28 Garner Alexa 8/20 Garner Avery 8/29 Garoutte Marcus 8/15 Gehrig Amy 8/26 Gibson Larry 8/12 Gibson Zaley 8/29 Gilmore Rvan 8/7 Giveswater Skye Lea 8/24 Goe Darla 8/13 Gooch Emilee 8/30 Goodwin Bridget 8/21 Goss Aiden 8/7 Graham Justin 8/30 Graham Sr Dennis 8/6 Graham-Davilli Debra 8/29 Grayson Jaidyn 8/22 Green Patricia 8/1 Greenfeather Herman 8/27 Greer Meagan 8/7 Greninger Audrey 8/20 Griffith Haley 8/29 Grubbs Brenda 8/23 Hallberg Titus 8/13 Hamett Ashley 8/31 Hammitt Brodie 8/17

Hansen Jenna 8/21 Harnar Isabella 8/22 Harris Grant 8/27 Harris Norma 8/29 Hartweg Kayleigh 8/24 Harvev Ava 8/31 Hays Amberly 8/30 Havworth Holli 8/9 Healy Jeanene 8/29 Heck Logan 8/26 Heck Parker 8/27 Hengel Della 8/2 Henry Destany 8/29 Hensley Robert 8/8 Hoevet Madison 8/26 Hollis Jeromy 8/12 Hollis Kora'lynn 8/12 Hudelson David 8/26 Hudson Jennei 8/25 Huggins Michael 8/29 Huggins Natalie 8/24 Huggins Tyler 8/8 Huggins Jr Randy 8/21 Huls Patrick 8/3 Hurley Bryan 8/8 Hurt Amelia 8/18 Hurt Aubrev 8/28 Hurt Ryan 8/5 Hurtado Emily 8/15 James Chante 8/7 James Kellev 8/18 James Mato 8/18 Jameson Jacki 8/4 Jameson Tanicka 8/6 Jardee Kathryn 8/31 Johnson Amiri 8/21 Johnson Cassidy 8/12 Johnson Elijah 8/20 Johnson Seth 8/11 Johnston Zachary 8/27 Jones Carly 8/14 Jones Theodore 8/17 Keezer Amanda 8/13 Kessel Shena 8/17 Kessel Sydney 8/24 Kiblinger Jinnifer 8/15 Kilgore Karder 8/5 Kirkham Bailey 8/5 Kirkham Erika 8/2 Kline Dustin 8/1 Knight Jr Cristopher 8/17 Kohley Trina 8/15 Lacy Cruz 8/19 Lacy Danielle 8/12 Lageose-Edwards Ayden 8/23 Landis Caleb 8/7 Landis Michael 8/4 Lane Justin 8/17 Lane Rhonda 8/9 Lantrip Paula 8/17 Leach Jaimie 8/1 Leahy Sheryl 8/31 Ledford Mary 8/29 LeFay Cyndee 8/30 Leftwich Margaret 8/1 Leo Peri 8/27 Lewis Kathi 8/20 Long Jr. Robert 8/16 Lopez Yesenia 8/8 Loureiro Brett 8/26 Lowe Lauren 8/28 Magtibay Isabel 8/30 Margell Holli 8/1 Martin Alice 8/5 Martinez Ashley 8/16 Maruca Luke 8/28 Maxwell Dakoda 8/2

McCoy Logan 8/5 McDaniel Lani 8/12 McDaniel Maleeah 8/14 McGlothlin Kristena 8/9 McIlnav Corev 8/16 McIntosh Betty 8/27 McIntosh Frierson Lynne 8/6 Medina Kiana 8/21 Mejia Paige 8/21 Mendez Mauriana 8/20 Mercer Vicki 8/23 Meyer Brody 8/11 Miller Mikah 8/26 Millhollin Calvin 8/14 Millhollin Essie 8/21 Minkler Halev 8/5 Minson Taylar 8/24 Mitchell Billy 8/18 Mohan Alana 8/21 Moss Beverly 8/10 Moyer Jr Donald 8/29 Nelson Korbyn 8/12 Neumann Shay 8/2 Neyland Danielle 8/20 Nichols Clifford 8/31 Nichols Lyllian 8/28 Nichols Shelly 8/12 Nicholson Dariun 8/11 Nyberg Josephine 8/11 Nyberg Lucille 8/25 Oldham Regan 8/8 Ortiz Laureen 8/9 Osborne-Gowey Jeremiah 8/21 Osburn Emery 8/3 Pabitzky Eric 8/21 Pace Troy 8/11 Park Marianne 8/4 Peacock Connie 8/14 Perkins Brent 8/2 Perry Isaac 8/27 Pham Brandon 8/15 Pham Hollie 8/13 Phelan Urijah 8/28 Porter Brennen 8/8 Preston Charity 8/27 Profitt Molly 8/10 Prophet Deacon 8/1 Prophet Tamara 8/22 Pros Anton 8/18 Purcell Cavden 8/20 Purevich Catherine 8/8 Ouillen Matthew 8/10 Ramirez Tiffany 8/10 Ray Tabatha 8/29 Redding Haley 8/22 Reeb Tawana 8/27 Rentfro Jillian 8/6 Richards Taylor 8/4 Robinson Brandy 8/8 Robinson Teagan 8/28 Romine Lynzi 8/29 Rosenow Allen 8/9 Ross Alexander 8/3 Ross Cassandra 8/2 Ross Laura 8/30 Ross Michael 8/10 Ross Ronnie 8/19 Ross-Johnson Ryver 8/26 Russo Korina 8/21 Salvers Christian 8/11 Samples Rita 8/15 Schott Lucas 8/20 Self Hannah 8/28 Shearhart Matthew 8/14 Sherwood Drew 8/20 Sherwood Trinity 8/15 Shores Kannon 8/30

Shores Lenexa 8/24 Shores Mason 8/11 Simianer Joel 8/22 Simpson Bailey 8/29 Sisk Lisa 8/13 Slegers Jace 8/26 Slegers Liam 8/26 Slegers Stella 8/26 Smith Brent 8/3 Smith Nancy 8/24 Smith Sara 8/3 Snow Steven 8/25 Sorrell Denaliana 8/23 Sorrell Heather 8/17 Sorrell Lyric 8/23 Souriohn Jacelvnn 8/27 Stephenson Andrea 8/20 Stewart Krystle 8/27 Stingley Annette 8/19 Stipe Leslie 8/31 Stitz Debbie 8/21 Stoner Haydn 8/9 Strickland Brinley 8/22 Strickland Jesse 8/8 Strickland Michael 8/5 Sullivan Brian 8/1 Sullivan Emily 8/2 Summerville Trenton 8/12 Sunderman Ariel 8/16 Sweet Rachel 8/1 Tandy Colby 8/2 Tayrien Beau 8/23 Tayrien Tatum 8/21 Tayrien-Shuey Jamie 8/6 Thomas Sophia 8/23 Throgmorton David 8/31 Throgmorton Stephen 8/31 Todacheenie Reyna 8/18 Tomlinson Eric 8/21 Trask Gregory 8/4 Truelove Kevin 8/23 Ulwick Donald 8/10 Valdez Austin 8/13 VanTassel Bradley 8/22 VanTassel Jakob 8/22 Vasta Annalisa 8/5 Vaught Heather 8/15 Wallace Amanda 8/18 Ward Ashlee 8/2 Ward Liberty 8/11 Ward Olivia 8/4 Ward Zoev 8/10 Watkins Brixey 8/27 Watkins Shannon 8/26 Watkins Shawnie 8/21 Watters Dorie 8/26 Westmoreland James 8/31 White Zackary 8/23 Whitlock Lane 8/9 Williams Dinayah 8/19 Williams Ezekiel 8/29 Williams III Frank 8/1 Wilson Faith 8/6 Winburn Paige 8/19 Wong Adrienne 8/21 Wood Mickey 8/14 Wyatt Shandy 8/30 Yelton Emily 8/28 Young Jaeger 8/30